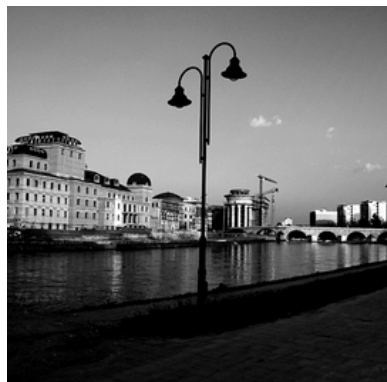
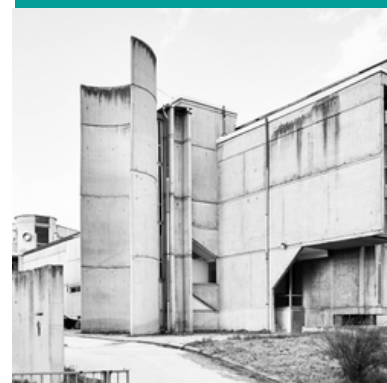
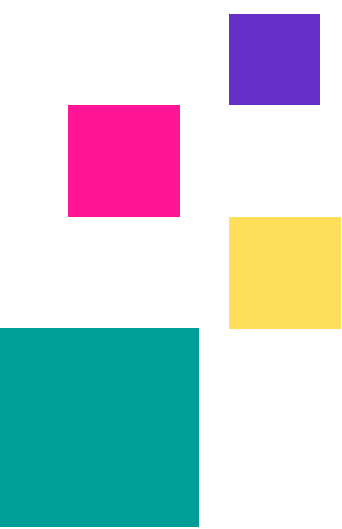


INFOPACK FOR VOLUNTEERS

HOST ORGANIZATION: CENTER FOR YOUTH
ACTIVISM CYA KRIK

20
25





EUROPEAN SOLIDARITY CORPS IN CYA KRIK IN SKOPJE

HOST ORGANIZATION: CENTER FOR
YOUTH ACTIVISM CYA KRIK



WWW.KRIK.ORG.MK



[CYA KRIK
FACEBOOK.COM/CYA.KRIK/](https://FACEBOOK.COM/CYA.KRIK/)



[YOUTH CENTER KRIKNI
FACEBOOK.COM/YOUTHCENTERKRIKNI/](https://FACEBOOK.COM/YOUTHCENTERKRIKNI/)





LOCATION OF CYA KRIK

Your new work place Center for Youth Activism KRIK
is located in Crniche, a nice
neighbourhood up from the center at Street Naum
Ohridski 13.



Google maps: <https://goo.gl/maps/nKAEztoZGv2BskCL9>





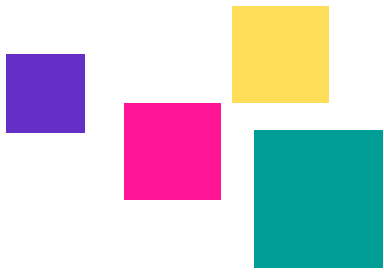
CYA KRIK BY ITSELF

Centre for youth activism KRIK is non-governmental, non-profit organization established by young people, led by young people and it works for and with young people. The translation of the word KRIK is SCREECH/OUTCRY and the inspiration for it came out of the vision of this organization, which is to be the voice of the youth that will be heard and will make changes and contributions in the society.

KRIK strives to encourage greater youth participation, youth activism, encourage young people to be more included in the policy making process on local and national level. The target group that KRIK works with are all people (but mainly youth) who want to contribute and make changes in the field of ecology, critical thinking and communicative skills, as well as working for the well-being of the socially excluded groups from the society.

KRIK is private service providers of the social service independent living of people with disabilities and is coordinating 3 small group homes where 15 beneficiaries with disabilities are living..





ESC PROJECT IN CYA KRIK

DEINSTITUTIONALIZATION PROCESS IN MACEDONIA

With the deinstitutionalization process which is happening in Macedonia, the Ministry of Social Work and Policies are transferring some of the services they are providing in to private service providers. CYA KRIK is a private service provider for the Independent Living of adult people with disabilities. The beneficiaries from the Special Institution Demir Kapija are resettled from the institution in to small group homes in the communities. CYA KRIK is coordinating 3 small group homes in Skopje, where 15 beneficiaries are living.

SUPPORT THE INDEPENDENT LIVING OF PEOPLE WITH DISABILITIES IN THEIR HOMES

The volunteers will be supporting the independent living of the people with disabilities in the houses. The activities which the volunteers will implement in the houses will be connected with the personal plans of each of the beneficiaries. The goals are usually connected with the skills they need to develop and with the activities they need to do during the day. Sometimes, the goals are to have a walk in the city center, or in the nature, to shop in the local green market or a store, to do tea or coffee by them selves, to help at home (to fold their clothes, to do a bit gardening etc.).



ESC PROJECT IN CYA KRIK

CENTER FOR OCCUPATIONAL THERAPY

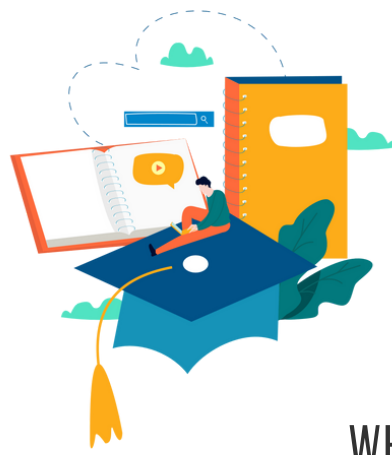
KRIK established Center for occupational therapy for adults with disabilities (18 years old and older). Currently there are 20 beneficiaries aged 18-40 years old which are part of the activities.

The beneficiaries are visiting the center few times per week for few hours. The work done in the center is managed and coordinated by the 2 occupational therapist which are working in the center. Each of the beneficiary has an individual plan which is reviewed on monthly basis. According to the plan, the activities are scheduled.

SUPPORT THE ACTIVITIES IN THE CENTER

The ESC volunteers have an opportunity to organize activities for the beneficiaries from the center. The activities can be planned as:

- One day events The one day events are usually movie nights, presenting the culture of the volunteers and other activities. The volunteers are planning these activities based on their competencies and talents. These activities are not mandatory for all of the volunteers.
- Program or a club which will last for a certain period of time When the volunteers have a specific talents or want to deliver long term program, a club on a specific topic, they usually are organizing the activities in a longer period of time. The volunteers usually are establishing a language club, dance lessons, theatre lessons etc.



TRAINING PROGRAM

WHAT WILL YOU LEARN

The training program is consisted of a series of training that the volunteers are following on the beginning of their service.

TRAINING TOPICS

- Working in mix group of people with disabilities and without,
- Erasmus+ program and European Solidarity Corps,
- Project Cycle Management and
- Implementing individual plans for people with disabilities.

The volunteers are defining and following their learning objectives since the beginning of the project activities with the Coordinator (during those 3 meetings each week) and during the Mentor meeting using the Mentor Diary.



VISA REQUIREMENTS

Staying in Macedonia up to 3 months is possible without visa for EU residents. So no visa for these activities 😊.



WHO ARE WE LOOKING FOR?

PARTICIPANT PROFILE

Basic knowledge about people with disabilities is desirable, but not exclusive. We will train the volunteers on everything they need to know. What is most needed is the motivation that the young people will have to support people with disabilities

WE ARE INTERESTED TO HOST 3 ESC VOLUNTEERS WHICH ARE:

- People interested working with young and adult people with disabilities
- Having experience in implementing youth work activities using methods of non formal education
- Creativity and art is additional plus that can help the volunteers in their work

VOLUNTEERING DATES

We are expecting the volunteers to start their service around summer or autumn 2025. We are open to extend the start date if needed..

DURATION OF THE VOLUNTEERING

The opportunity is open for 2 months of volunteering. 2 days per month are given to the volunteer as a holiday. Total 4 days are provided to the volunteer as free days in the total volunteering duration.



HOW TO APPLY AND WHEN DO I START?

HOW TO APPLY?

if you are interested and this seems as a place where you want to be in a period of 2 months then send us your CV and motivational letter at **evskrik@gmail.com** no later than 20.06.2025

VOLUNTEERING DATES

We are expecting the volunteers to start their service around August/September 2025. We are open to extend the start date if needed..

DURATION OF THE VOLUNTEERING

The opportunity is open for 2 months of volunteering. 2 days per month are given to the volunteer as a holiday. Total 4 days are provided to the volunteer as free days in the total volunteering duration.



COVERED COSTS

The volunteering opportunity is funded by the ESC program. The travel costs are fully cover up to an amount of 310 euro.

The rent and utilities are paid directly by Krik.

The volunteer receive 4 euro pocket money per day and 120 euro food money monthly.

SKOPJE

HOW TO GET TO SKOPJE?

AIRPORT “ALEXANDER THE GREAT” – SKOPJE

The airport has connections with Istanbul, Belgrade, Zagreb, Ljubljana, Budapest from the surroundings and most of the European capital cities. From the airport there is a shuttle bus from the company Vardar Express, which costs 199 MKD, approximately 4 euros.

MAIN CENTRAL BUS STATION SKOPJE

The central bus station has connections with every capital city from the surroundings, including Istanbul, Ljubljana and Budapest.

CENTRAL RAILWAY STATION SKOPJE

The central railway station is in the same place as the bus station and is internationally connected with Thessaloniki and Belgrade.



S K O P J E

SKOPJE

A capital city has a lot to offer. From the cosy coffee shops, best restaurants, awesome sweet shops, great pubs and museums. And all of it right there in the center. Here are the few places you can't miss while you are staying in Skopje.

One of the more popular options when it comes to purely hanging out with friends, having a bite and enjoying a drink or two. The Kafanas are typical small and often great value for money restaurants that have a lively ambiance, also a live band performing and serve local specialties and drinks. Believe me, you will love it there.

KAFANAS

Promenade close to the river (Vardar) has many pubs for the most picky customer. From Irish pub, Havana club to nights clubs you will definitely find something for yourself.

PUBS

It's located above the Old Bazaar, close to the Fortress. It's a place with open area and live music. It's a brewery also so you won't order there an usual beer. Which is awesome because the beer they are serving it's unique and incredibly tasty. Not to mention the atmosphere made by live music, you will definitely enjoy even during the winter where inside the pub turns to be great dance floor.

STARA PIVNICA

There is no better place in Skopje. Turkish old bazar has the best restaurants with national food. You will eat here amazing kebapi, tavce gravce, sharska and many others. For a dessert we recommend to try delicious baklava or trileche (be careful, it's really sweet). And there is no better place to enjoy your time while drinking strong turkish coffee or tea.

OLD BAZAAR

SKOPJE

You need to buy something for the kitchen? Or fresh vegetables? Or even maybe clothes? Shoes? Don't bother going to the regular shop. You buy anything you need at Bit Pazar. And trust us, it will be much cheaper there. You can even negotiate if the price still is to high for you. Bit Pazar is located at the end of Old Bazaar

BIT PAZAR

Museum of Contemporary Arts is located above the fortress Kale close to the center of the city. You can enjoy there in the beautiful art pieces of Pablo Picasso or local contemporary artist. Also the Museum of Contemporary Art has very nice garden for your daily picnics while you are amazed by the panoramic view of the city

MCA

It's good to plan the whole day for this place. A beautifully canyon by the water with take your breathe away. You can easily get there by local bus (around 40min drive) or negotiate a price with a taxi. It's not a problem to rent a guide with a boat and see even more beautiful things at this place. Also there is a restaurant where you can rest and enjoy the amazing view while drinking or having meal. You can also rent a kayak :)

CANYON MATKA

Vodno is a mountain where you can get by taking a local bus from the center or you can walk. From the middle of the mountain you can take a cable car and go to the top. At the top is an enormous cross but what's the most important is the view. The whole Skopje just in front of you. Worth to go there.

VODNO



SKOPJE



MACEDONIA

If you have enough of Skopje and you want to see something else there is plenty of cities you should visit:



OHRID

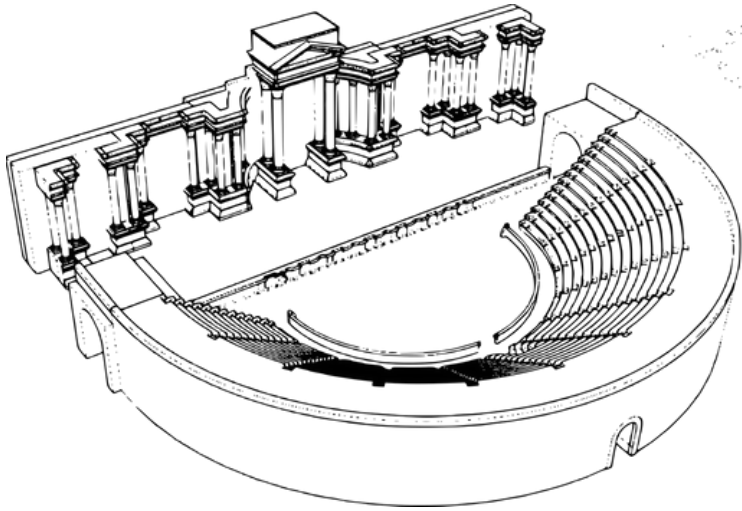
City by the lake. Sounds normal but trust me, you will be amazed by that. It's the biggest, oldest natural lake and one of the deepest in Europe. It has very rich culture and history that you should discover by yourself. It's a must have on your list. Just look at it.

PRILEP

In Prilep you can eat delicious baklava (Alfa cafe at the main square) and climb the hill called Markovi Kuli (The Towers of King Marko). The view from there is worth of climbing (around 1,5 hour walk) or visit Treskavec Monastery. The monastery possesses a large collection of Byzantine frescoes. The oldest remaining date from the 15th century.



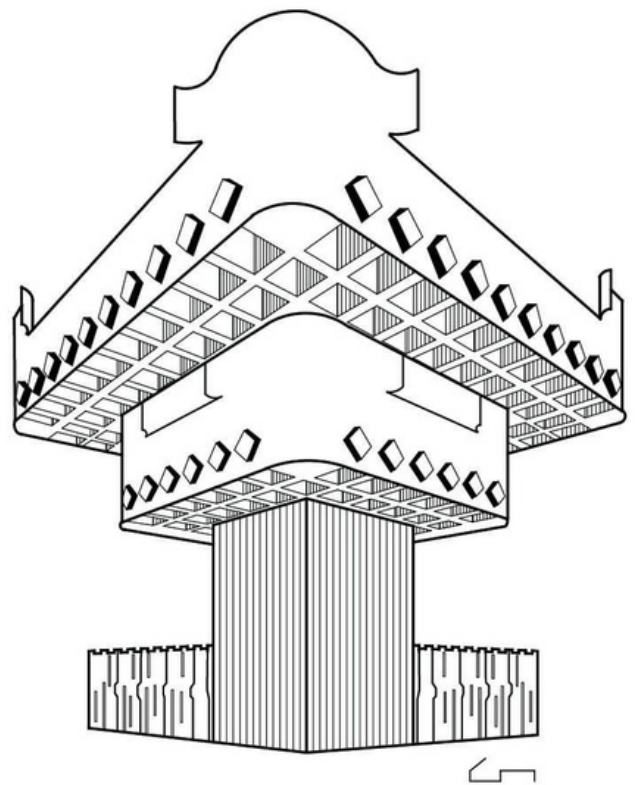
BITOLA



Bitola - a city famous for Heraklea - ancient town founded by Philip II of Macedonia, during the middle of the 4th century BC, and a promenade where you can walk and be admired by local people. Or you can admire them.

KAVADARCI

This city is very well known for the production of the traditional Macedonian drinks like Rakija and Macedonian Wine, which are internationally recognized. Also Kavadarci has rich history and it has been established during the Hellenic period, being situated on the main road of Via Egnatia that led from the Danube to the Aegean Sea meant it became an important military, economic and cultural hub at the time





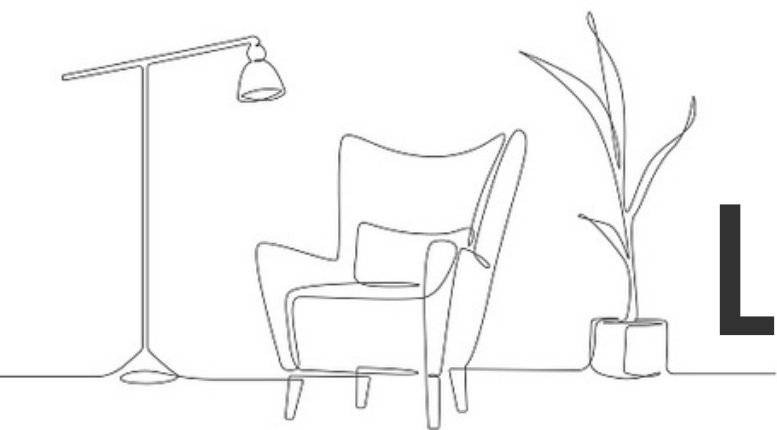
NEIGHBOUR COUNTRIES

There is very possible that your travel spirit will drag you to explore more. And you should listen to it. Around Macedonia there are countries you should definitely visit. Macedonia has borders with following countries: Albania, Bulgaria, Greece, Kosovo and Serbia. There is no problem to enter any of these countries. For each country there is at least few buses per day.

The most easy is getting to Kosovo (buses to capital city Prishtina are going every hour for only 5 euro). For Bulgaria there are definitely two buses (one at the morning, one at the late afternoon) for around 30 euro both ways. To the Greece there is easy way to get by bus to Thessaloniki (two buses per day). Same for Albania and Serbia. There are a lot of companies so the best way is to check the schedule at the Main bus station just to avoid changes of the schedules. Important note about going to Serbia throught Kosovo

There is no chance to do that so if you were planning that way you should change your plans. Since Serbia is not accepting the Kosovo independence there is no way to get to Serbia from Kosovo (since you are starting from Macedonia, Serbia wouldn't accept kosovian stamp in the passport).





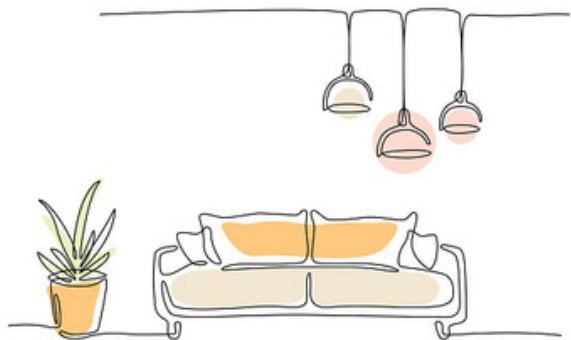
YOUR LIVING SPACE

The house is located in Kisela Voda Municipality in South-eastern part of Skopje and it is 10 minutes by bus to the center of Skopje (20 minutes walking).

The apartment is full prepared for living and has excellent conditions and is also very close to the occupational center..

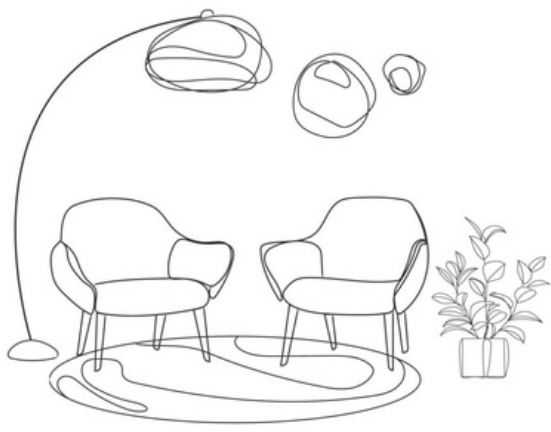
Adress: Vostanicka, no.55, Kisela Voda, Skopje
Google maps: <https://g.co/kgs/wGzBjH8>





YOUR LIVING SPACE





YOUR LIVING SPACE



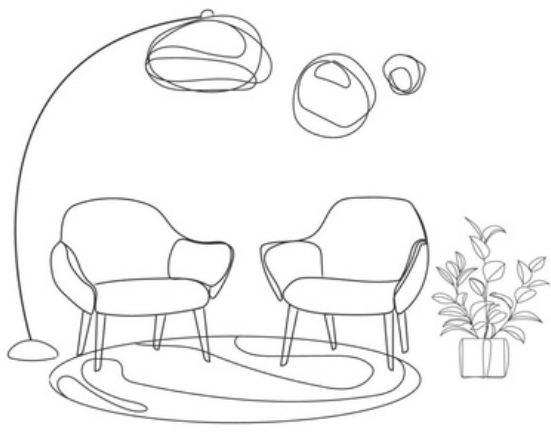
Nearby useful objects:

Close to the house there is a big market which is open during the day

Down the street towards the center of the city there are few cafébars.

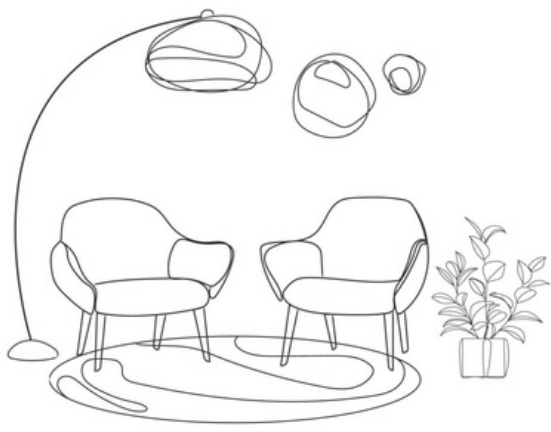
From the center there is one buss that go in the direction of the house. Bus number is 16





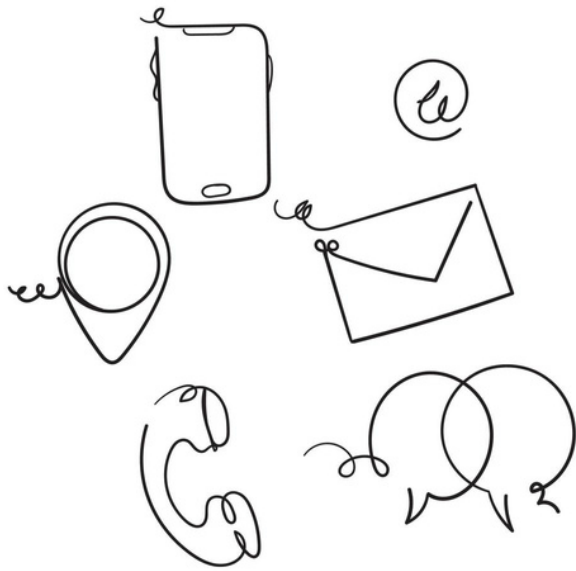
YOUR LIVING SPACE





YOUR LIVING SPACE





CONTACTS

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Coordinator of Volunteers

ALMIRA FASLIJI MUAREM

almira.fazli97@gmail.com



WE HOPE THE GUIDE WILL BE HELPFUL AT LEAST ON THE BASIC LEVEL. IF YOU HAVE ANY QUESTIONS OR DOUBTS DON'T HESITATE TO ASK FOR HELP OF ANY KRIK'S MEMBER. EVERYONE FROM THE ORGANIZATION IS WILLING TO HELP AND BE YOUR GUIDE. :

