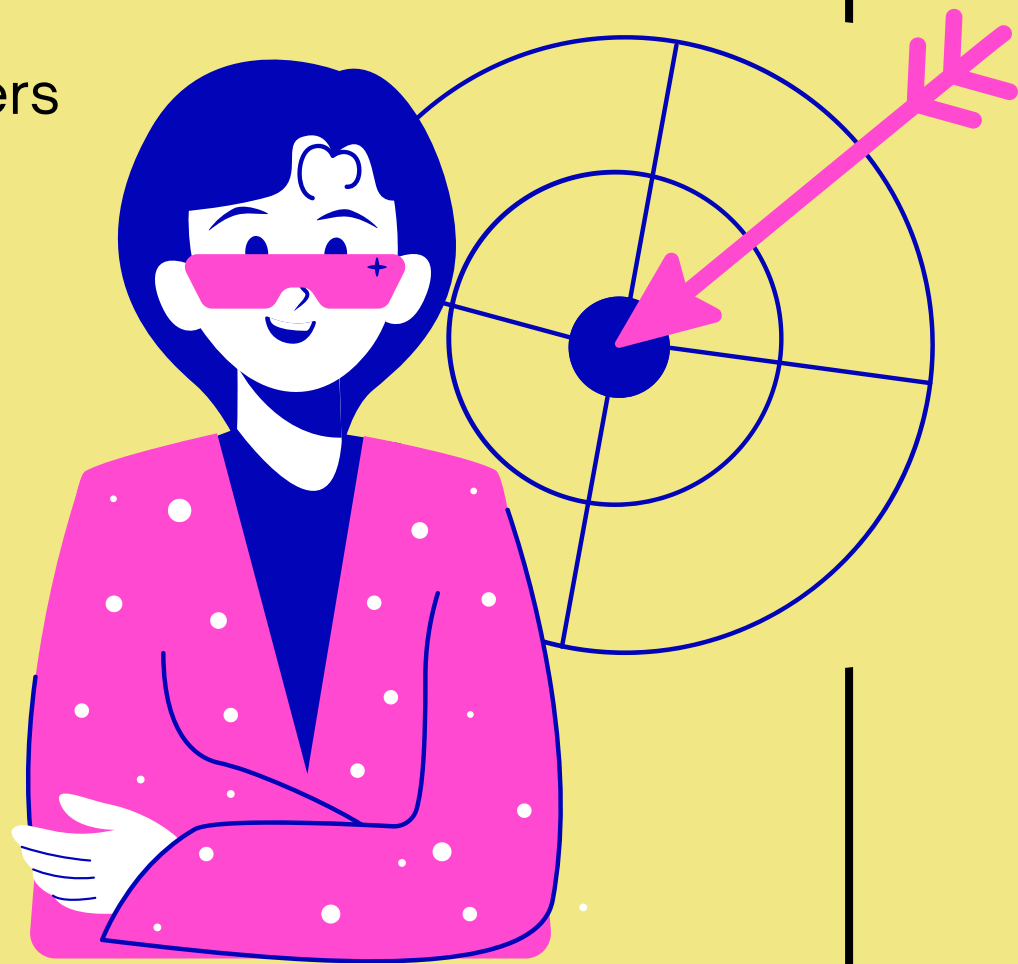




Training Course for Youth Workers

Boost the Buzz



Training course for effective and need-oriented post-project mentoring

When and Where?

✓ 7 days

✓ 7. -15. October 2025

✓ Leipzig, Germany

What?

Boost the Buzz wants to address the **need for new methods** in the area of post-project mentoring and offers a **Hub of mentors and youthworkers** to share their skills and best-practices, a place of skillsharing and peer-to-peer-learning.

Results of the project will be new developed **guidelines and methods for an effective post-project-mentoring**, as well as a **network** of mentors that provides exchange and support even after the project's end.

Target

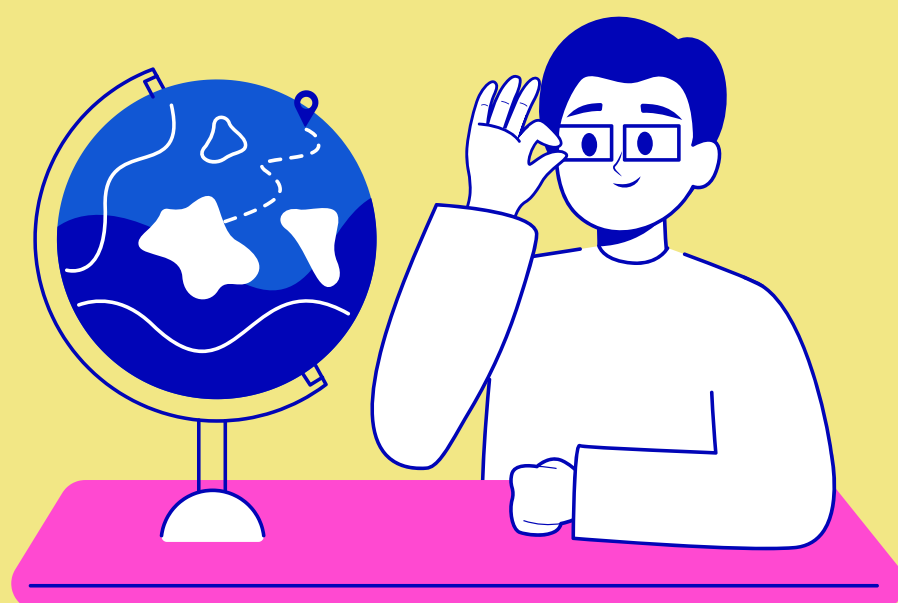
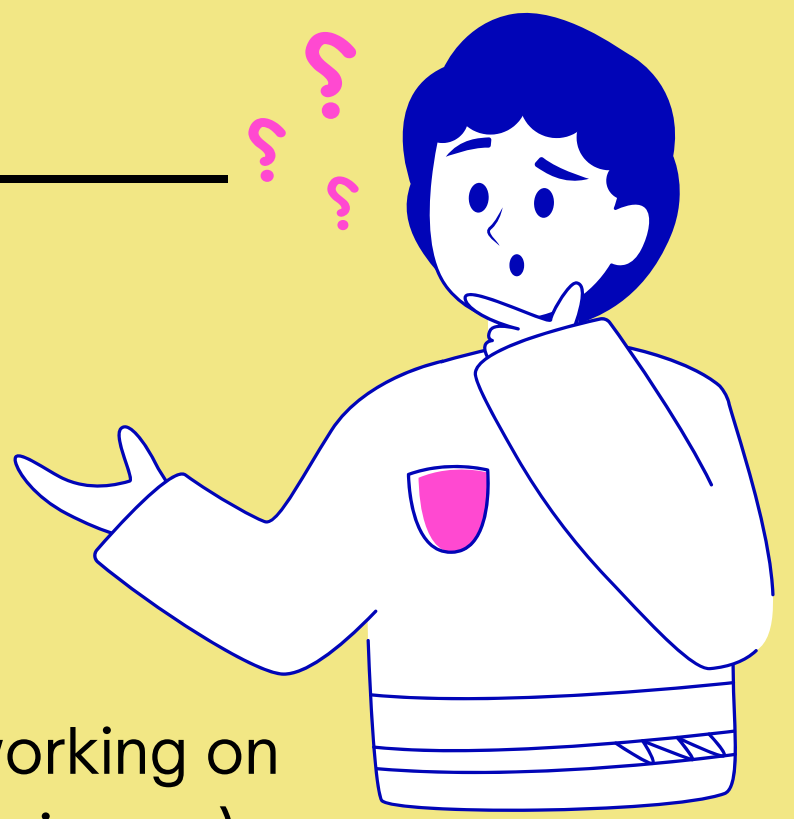
Youthworkers, especially those working on Mentoring (both advanced and beginners)

Engaged former volunteers and Groupleaders, who are interested in a Peer-to-Peer-Mentoring Role.

1 participant per organisation!

Objectives

1. **Identifying current problems and challenges** in post-project mentoring and maintaining the engagement of young people after their return from non-formal learning mobilities.
2. **Creation of various tools** for youth workers with new, attractive methods for post-project mentoring of the young people they mentor.
3. **Knowledge exchange** and peer-to-peer learning **between youthworkers** on the topic of post-project mentoring
4. Establishing a **network of mentors** in which they can discuss challenges. The aim is to maintain this network even after the end of the project.



Travel

Arrival Day: 7.10.2025

Departure Day: 15.10.2025

Before purchasing your tickets, please send us your travel option for approval!

For **Green Travel**, we recommend the **Interrail Ticket**.

Closest Aiports:

1. Berlin (BER) : Take Metro to **Berlin Südkreuz** to change for train and bus connections to Leipzig or take Flixbus directly at the airport (2-3 hours)
2. Leipzig (LEJ, limited connections) : Take Metro (S 5) to Leipzig Bayerischer Bahnhof (ca. 30 minutes)
3. Prague (PRG) : Take shuttle to change for train or bus connection to Leipzig (3-4 hours)
4. Frankfurt (FRA) : direct train connections to Leipzig (3-4 hours)



From Leipzig Central Station to the Hotel:
Take Metro (S 1 to 6) or Tram 9 direction Connewitz until **Bayerischer Bahnhof**

Accomodation:
Gästezentrum ERNST JÄSCHKE im Leipziger Missionswerk

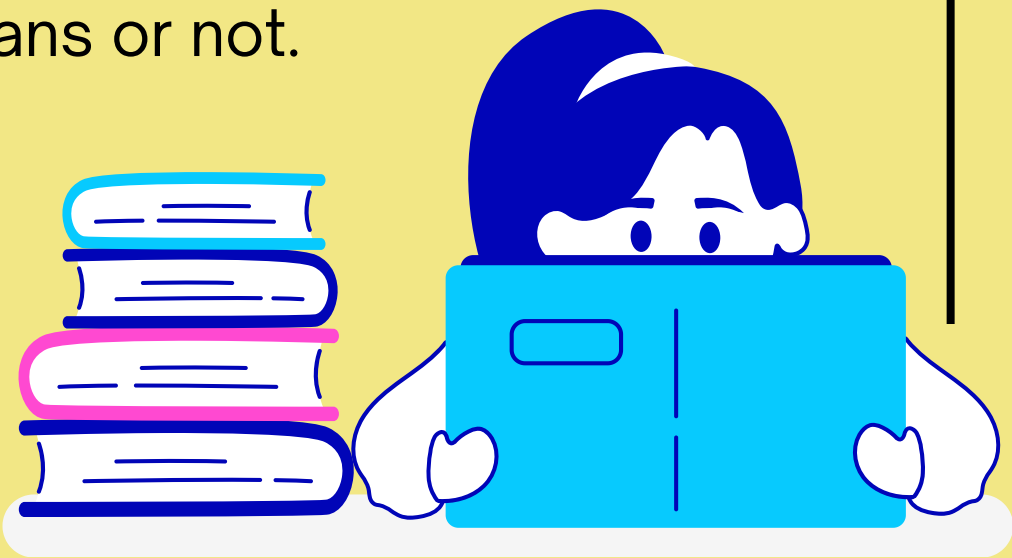
[Paul-List-Straße 19,](#)
[04103 Leipzig,](#)
[Germany.](#)



Travel Reimbursement

To receive your travel reimbursement please provide us with all digital and physical travel documents (invoices, boarding passes, tickets etc.).
Your travel budget depends on your category of the distance band of your starting point to Leipzig and if you use green travel means or not.

Travel Budget



Distance	Grant with Green Travel	Grant without Green Travel
100–499 km	285 EUR	211 EUR
500–1999 km	417 EUR	309 EUR
2000–2999 km	535 EUR	395 EUR

Maximum approved budgets based on the seat of the associations:

- Portugal, Spain, Italy, France (Rakonto), Latvia, Slovakia, Croatia, Hungary and Romania have a maximum of **417 EUR with Green Travel**. Italy (TDM2000) has a maximum of 309 EUR.
- France (Ecofairly) and Czech Republik have a maximum of **285 EUR with Green Travel**.
- Türkiye and Cyprus have a maximum of **395 EUR without Green Travel**.

If your start point differs from the seat of your association, please calculate your distance band with the **Erasmus+ Calculator**.

Program

The idea is to co-create the program. Therefore we would like to have 1-2 preparatory online calls with all participants to speak about the program and decide the sessions. Here you find our provisional program:

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
9:30 - 11:00	A	Getting to know each other I	Association Fair I	Challenges in Mentoring Fokus	Systemic Vision Tool	Debriefing	Work on Toolkit	Presentation and Feedback	D
11:00 - 11:30	R	Coffeebreak							E
11:30 - 13:00	R	Getting to know each other II	Association Fair II	Challenges in Mentoring Cafe	Engines and Breaks	Methodes for Mentoring Fokus	Work on Toolkit	Youthpass and Evaluation	P
13:00 - 15:00	I	Lunchbreak							A
15:00 - 16:30	V	Teambuilding I	Mapping of the field	Challenges in Mentoring Discussion	Open Space (2x45mins)	Methodes for Mentoring Cafe	Work on Toolkit	Closing	R
16:30 - 17:00	A	Coffeebreak							T
17:00 - 18:30	L	Teambuilding II	Feedback Culture	Administrational Fun and Free time	Open Space (2x45mins)	Methods in Mentoring Group devision	Work on Toolkit	Common cooking and intercultural night	U
									R
									E

What to bring and prepare

- Please bring everything that you need for a one week stay abroad (travel documents, European Health Card, toiletries and medicaments, warm jacket...)
- Snacks and drinks for intercultural night
- If possible: a laptop or tablet
- Optional: information materials from your association
- Prepare in small groups 1 session of the program, we will provide more information during the preparation.

Partner



DREAMING OPENLY