

INFOPACK

10 - 16 FEBRUARY, 2025

(to be confirmed)

BLAGÓEVGRAD, BULGARIA

YSI-ACT FOR
SOLIDARITY AND
INCLUSION



Funded by
the European Union



la xixa
CREATIVE SOCIAL INNOVATION

abs
Active
Bulgarian
Society

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cyprus

INTERNATIONAL TRAINING & MEETING WITH STAKEHOLDERS FOR YOUTH WORKERS
ON SOLIDARITY AND INCLUSION



YSI-ACT INTERNATIONAL TRAINING FOR SOLIDARITY AND INCLUSION

YSI-ACT INTERNATIONAL TRAINING FOR SOLIDARITY AND INCLUSION is an international training for youth workers that aims to share the YSI-ACT methodology.

YSI-ACT methodology has been created to :

- Promote the development of the necessary competences and social-emotional skills among youth to participate more actively in society
- Encourage youth-led actions to foster solidarity and inclusion
- Critically address prejudices, stereotypes and discriminations
- Share innovative methodologies combining non-formal education and creative and participatory methods to promote active citizenship and solidarity among youth.

About the training

What will I learn ?

ACQUIRE

new theoretical and practical resources, tools, knowledge and methodologies to foster and support active citizenship and solidarity in youth based on non-formal education and creative and participatory methods

GAIN EXPERIENCE

in EU projects and EU-level cooperation

STRENGTHEN AND EXPAND

network formed by organisations and professionals working with youngsters

EXCHANGE

knowledge, experience and good practices in the civic sphere and social transformation

STRENGTHEN

conflict resolution skills

Objectives of the training



Elements of the program

METHODOLOGIE

METHODOLOGIE

METHODOLOGIE



THEATRE OF THE OPPRESSED AND FORUM THEATRE

are transformative theatrical tools that use the body for expression and reflection, placing theatre in service of education and collective empowerment

PLAYBACK THEATRE

is a form of improvisational theatre in which the audience and/or group members tell stories from their lives and watch them enacted on stage.

DEEP DEMOCRACY

is a psycho-social-political paradigm and methodology, that focuses on the awareness of voices/experiences/opinions that are both central and marginal. It is a principle that, unlike “classical” democracy, which focuses on majority rule, Deep Democracy, suggests that all voices/experiences/opinions are important.

PROCESS WORK

offers a model that integrates and utilises contributions from various disciplines to facilitate transformation and growth, both individually and collectively. PW primarily focuses on developing a state of consciousness ; that is, helping people and groups become aware of how they perceive and experience things and learn to change their approach.

About the participants



Who are you ?

- Active youth workers, educators, trainers, facilitators, teachers or simply people working with people
- Committed to learning alternative ways of engagement in civic life
- + 20 years, and speaking fluent English
- Ready to get involved in the whole program on-site : From the **10th of February** (arrival date) till the **16th of February** (departure date)
- From Spain, Cyprus, Bulgaria or Finland
- Can commit holding the post-training Local Workshops for Youth from May 2025

How to be involved?

- Complete the application form at: <https://forms.office.com/e/u2bwRAtbPi>
- Be able to travel from Larnaca/Pafos International airports
- For more info or questions, contact us at projects2@yeucyprus.org or +357 99573646.

After the training

Each team of participants from each country will have to implement locally the YSI-ACT method after the training :

- **Date:** From May to July 2025
- **Participants:** Minimum 10 from 16 to 25 years old
- **Length:** 12 hours facilitated by the whole team
- **Objectives:** Introduction to solidarity-oriented action and active participation, implement learning from bulgaria...

NB: The coordination of the Local Workshops will be facilitated by the country partners.

About the YSI-ACT Local Workshops for Youth



PRACTICAL INFORMATIONS

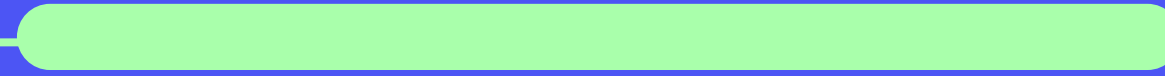
TIMELINE

Monday 10th February 2025



Arrival day

11, 12, 13, 14, 15 February 2025
(to be confirmed)



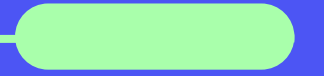
T r a i n i n g
&
m e e t i n g w i t h
s t a k e h o l d e r s

Sunday 16th February 2025
(to be confirmed)



Departure
day

From May 2025

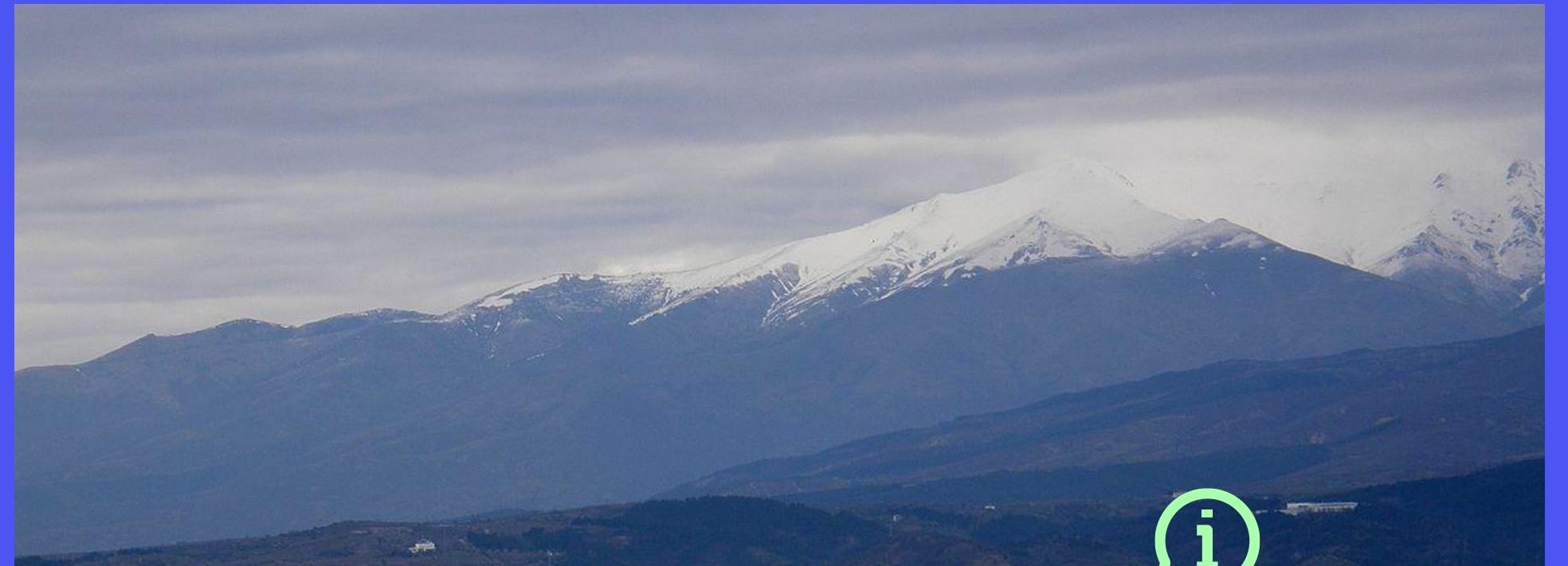


Implementation
workshops

LOCATION



Blagóevgrad, Bulgaria.
The town is located 120 km south from
Sofía



Informations about accommodation, food and other practical informations will be shared further with the selected participants.



About US



www.yeucyprus.org
Instagram: [@yeucyprus](https://www.instagram.com/yeucyprus)
Facebook: [yeucyprus](https://www.facebook.com/yeucyprus)

YEUCYPRUS is a Nicosia-based NGO empowering youth to drive social change through training, exchanges, and volunteer programs. Focused on areas like human rights, sustainability, and active citizenship, it leads projects locally and globally to foster youth engagement and impact.



www.laxixa.org
Instagram: [@laxixat](https://www.instagram.com/laxixat)
Facebook: [laxixateatre](https://www.facebook.com/laxixateatre)

La Xixa is a non-profit organisation created in 2010, oriented towards the research, development and multiplication of theatrical tools and popular education as a means of social transformation. The mission of La Xixa Teatre is to facilitate the creation of empowerment spaces through Participatory Methodologies, Artistic Mediation, Process-Oriented Psychology and the Theatre of the Oppressed to generate processes of individual and collective transformation.



Active Bulgarian Society (ABS) engages young people in societal issues through European Mobility and Training programs, promoting social inclusion, skill development, and proactive social attitudes. Focusing on sustainable development, education, and cultural exchange, ABS collaborates with youth organizations across Europe, organizing training, exchanges, eco and sport initiatives, and citizenship activities, including thematic "Chat Clubs" at local schools.



Laurea, a highly awarded Finnish university of applied sciences in the Greater Helsinki Region, specializes in social sciences, business, health, and sports. Known for its holistic healthcare research and innovative use of creative methods like drama and multisensory approaches, Laurea fosters dynamic collaboration across disciplines to address social well-being and community health.

