



ERASMUS+ TRAINING COURSE

BOOSTING INCLUSION THROUGH YOUTH WORK VOL. 2

TROPEA 14-23 MAY 2024

SUMMARY OF THE PROJECT

PLACE: Tropea

DATES: 14-23 May 2024

(14th arrival day and 23rd departure day)

PARTICIPANTS: 32 participants

COUNTRIES: Italy, Turkey, France, Cyprus, Germany, Denmark, Poland, Spain and Netherlands



ITALY IS WAITING FOR YOU



ABOUT THE ORGANIZERS

HIGH ON LIFE

We are a movement of people "High on Life" that loves to travel, explore, get connected with different cultures and live all the experiences of our life with a positive attitude!

We believe that young people must become a driving force in building the society in which they live and therefore we create various opportunities in order to help shape a generation that is determined to change our country and the world for the better.

Someone who is HIGH ON LIFE can find reasons to smile in the smallest things, and won't let any random thing ruin his or her day.

Our aim is to create this "feeling" on most of youth worldwide, let them understand how amazing life is!

SHORT DESCRIPTION OF THE PROJECT

Boosting Inclusion Through Youth Work Vol. 2

“Boosting Inclusion Through Youth Work Vol. 2” is a follow-up project of a TC which we have successfully implemented in 2022.

The training course "BITYW 2" aims to create a special programme in which youth workers would include refugees in their work with youth.

The second part of the project continues the work of the first project, using youth work to integrate refugees and migrants. The rising number of irregular migrants highlights the need for this work. The aim is to improve youth work, integrate refugees, promote positive public opinion, and explore the role of youth work in promoting social integration and cultural exchange. The continuation of the project will reach more youth workers and refugees and have a greater impact.

B.I.T.Y.W.2 aims to eventually make Europeans more welcoming and ready for the opportunities granted by the refugees. Most of all, use this potential to enhance youth work, hence, grow open-minded youth.



PROJECT'S OBJECTIVES

Awareness



To learn about the refugees situation in Europe and share good practices from around the participating countries and to equip youth and young leaders with knowledge, key competences & tools related to refugees integration and inclusion

EU opportunities



To explore the possibilities of the Erasmus + program as a tool for inclusion of refugees in youth work and the opportunities for European NGOs to use Erasmus+ and different non-formal education methodologies

Up skill Youth workers



Improve local youth work by involving refugees with their skills and experience in local activities and help them to integrate faster to the societies. Create occasions for cultural and intellectual exchange and help their integration by promoting more favourable public opinion and employment opportunities

Spread the word

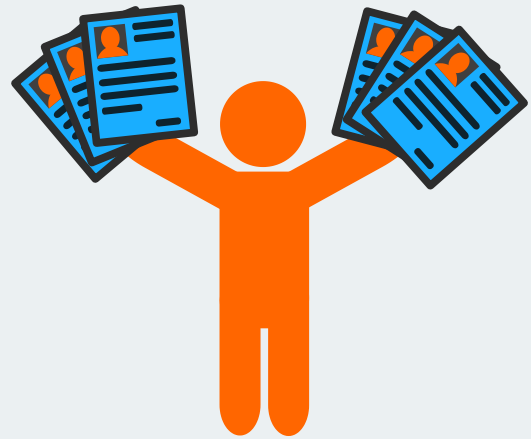


Stimulate the participants to act as global education multipliers by creating and sharing best practices, methodologies and activities on refugees inclusion and reinforce the knowledge of youth workers all over the world.

...AND MUCH MORE

PARTICIPANTS PROFILE

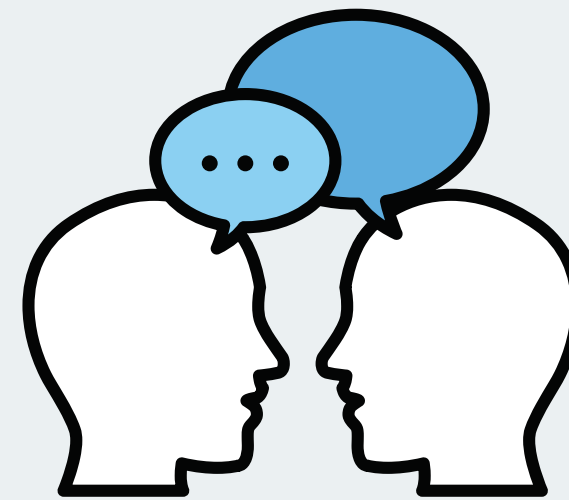
Participants Aged 18+



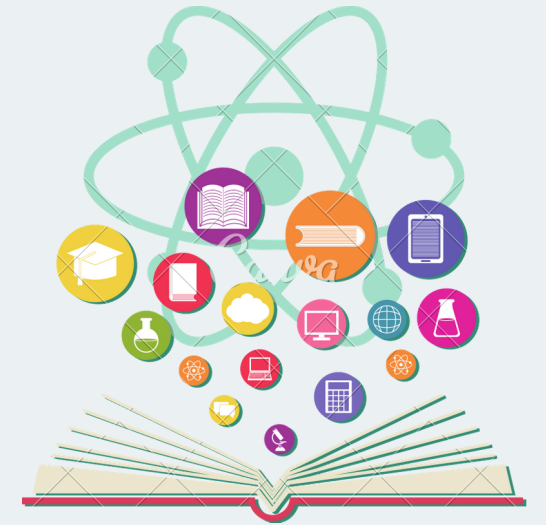
Willing to develop and share best practices on refugees and migrants inclusion



Youth, NGO activists, volunteers, youth worker and young leaders



Able to Communicate in English, open mind and pro active.



Want to learn more about refugees situation in Europe and how to help them to integrate in the society

PLEASE BE MINDFUL OF THE GENDER BALANCE OF THE GROUPS

PARTICIPANTS NUMBER

Per Country

Italy	5
Spain	4
France	4
Poland	4
Denmark	3
Turkey	3
Cyprus	3
Germany	3
Netherlands	3



ACCOMMODATION

We'll be accommodate in "Hotel Umberto" just 3 KMs from Tropea Center. Participants will stay in rooms of 2/3 people with private bathrooms in the room. Some of the beds are kingsize, be ready to share it with someone else. Bathroom products and beach towels are NOT provided. Please bring it with you!

FOOD

Organizers will provide participants with three meals per day and coffee breaks. Breakfast lunch and dinner will be served in the Hotel restaurant

WORKSHOP ROOM

The main activity room is located in the same area. We'll try to do most of the activites outdoor.



TRAINING COURSE MAIN ACTIVITIES

WORKSHOPS

Workshops promoted by the participants on themes related to refugees inclusion and human rights

VISITS AND SPEECH

During the project participants will have the chance to know better Tropea and know the local activist on Human Rights fields

SHARE IDEAS

share and confront ideas, practices and methods on special methodologies, which involves refugees into youth work

DISSEMINATION

Share the results of the project online and reach as much as people as possible and create a real impact

IF YOU HAVE ANY IDEAS AND/OR
SUGGESTIONS OF ACTIVITIES - DON'T
HESITATE TO SHARE!

TRANSPORTS

The nearest airport from Tropea is Lamezia Terme or Reggio Calabria, but probably there aren't direct flight from your Country. You can check cheap flight on [skyscanner.com](https://www.skyscanner.com) or [Kiwi.com](https://www.kiwi.com)

You can book a flight to Lamezia Terme with a stop in Rome or Milan or a direct flight to Rome or Naples and then take a train/bus from Rome/Naples to Tropea

It's mandatory to buy tickets on the air-company website (not eDreams, etc.) You should arrive in Tropea by the evening of the 14th May and your departure must be in the morning of 23rd May.

It's (mandatory) really important to send us your travel plan before booking the tickets. Don't hesitate to contact us for any travel advice! We are ready to help you!



GETTING TO TROPEA

PLEASE DO NOT BUY ANY TICKETS BEFORE RECEIVING OUR APPROVAL.

REIMBURSEMENT

To be reimbursed for your trip. The following are necessary: 1) Tickets and boarding passes. 2) Invoice/ receipt/ booking email. Keep your bus/train tickets as well! Transportation by taxi is not reimbursable.

Your travel expenses will be reimbursed after the project by bank transfer to the partner association or one of the participant. If you fail to provide the necessary travel documents, we will be unable to reimburse you.

FINANCES & TRAVEL BUDGET LIMITS

Accommodation, living and other project /exchange related expenses are 100% funded by the Erasmus+ project. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the distance from your location:



Spain	275€
France	275€
Poland	275€
Denmark	275€
Turkey	275€
Cyprus	275€
Germany	275€
Netherlands	275€

IF ANY DOUBT, CONTACT US!

PREPARATION

YOU MUST BRING THE EUROPEAN HEALTH INSURANCE CARD

Get ready for the Training course

- 1 Bring all travel documents as presented in the previous page
- 2 Prepare energisers that could be done in the morning
- 3 Prepare for your country's cultural evening, Bring with you some traditional snacks, drinks or food
- 4 Prepare your Country workshop - We'll send you more information about it soon
- 5 Bring your cup/bottle to use during all the project. We'll try to don't waste plastic.
- 6 If you have relevant experience connected to human rights or refugees inclusion please let us know beforehand.
- 7 Bring light clothes, but also something heavy for the night. Don't forget your bathing suit
- 8 Each national team must bring at least 1 laptop. Each of you MUST bring the European health insurance card
- 9 Promotional material of your sending organisation
- 10 Bring good spirit, joy and happiness!!! ☺

BASIC RULES

All the participants will be expected to be present and active in all the activities, with the exception of illness.. Unauthorised absence from the activities and workshops won't be allowed.. Smoking is prohibited everywhere inside buildings, thus all the smokers will have to go outside or to specially designated areas for a cigarette. We expect you to respect the property and your living spaces.

This is a European project and not a vacation. You will however get free time for visiting and discovery of the island.

We expect everyone to share a positive energy all throughout the exchange to encourage cohesion. Prepare to have fun!

Please note that failing to comply to these rules will result in the rejection of any applications for any future projects that we will host.



THANK YOU FOR YOUR UNDERSTANDING
AND SEE YOU SOON!



CONTACTS

HIGH ON LIFE TEAM



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