



ABOUT THE PROJECT

Yes, we are aware about the climate change.

Yes, we know how important sustainability is.

Yes, we've seen "Don't look up" and understood the meteorite metaphor.

The question is how. How can we act? How can we make sustainability a leading principle of life? How can we influence on a personal level, other than waste sorting?

We want to have systematic knowledge, skills, and habits to support sustainability. Moreover, we are looking for real practices of fighting climate change, being more inclusive and knowing how we can contribute to the UN SDG's.



LEARN

about sustainability as a balance of ecology, economy and equity

DISCOVER

effective ways to contribute to the Sustainable Development Goals on a daily basis

GAIN EXPERIENCE

on being sustainable and integrate useful practices in our lives

IMPLEMENT PROJECTS

that raise awareness about practical sustainability

AGENDA OF THE PROJECT













DAY 1-2

Sustainability as
a way of
thinking and
living

DAY 3

Sustainable eating and fashion

DAY 4

Green appartment and neighbourhoud

DAY 5

Sustainable cities + City Quest

DAY 6

Working on the projects

DAY 7

Summing up & Reflection



Three meals and two coffee breaks per day will be provided.

The staff can arrange the menu according to participants' dietary needs.

In terms of safety, we will follow Cyprus Covid-19 regulations.

ACCOMMODATION

ELYSSIA HOTEL IN PEDOULAS





TRAVEL DETAILS

INSURANCE & VISA

All participants should have a valid European health Card or Travel Insurance for the period of the project.

Russian participants will need to have visas. Organizers will assist in applying for visa if needed.

ARRIVAL & DEPARTURE

Participants book tickets in coordination with organizers.

There are 2 airports: Larnaca and Paphos International Airport.
Bus transportation will be arranged upon arrival on **22st October** to the venue. Departure is on the **30th October**.

REIMBURSEMENT

Reimbursement of travel and visa expenses will be done 2 months after the project and based on original documents from all group members (boarding pass/ ticket/ agreement for visa + invoice).

Russia - 330 €
Spain - 500 €
Italy - 330 €
Greece - 245 €
Belgium - 330 €
Cyprus - 0 €

THE PROFILE OF THE PARTICIPANTS

WE INVITE HIGHLY MOTIVATED 18-30 Y.O (LEADERS CAN BE 30+) FROM









- seek more information, lifehacks on sustainability
- are aware of the dangerous processes happening with the planet and wish to start making small steps to change it;
- are ready to be active before and at the Youth Exchange and will commit to participate in dissemination activities after it;
- are engaged in local organisations as members or volunteers;



ABOUT CYPRUS

Religions:

Greek-Orthodox Muslim Armenians, Maronites Roman Catholics

Languages:

Currency:

EURO

- Greek
- Turkish

During the Project we expect wonderful weather around 24°C.

For more information about Cyprus check <u>Visitcyprus.com</u>

THE ORGANIZERS

YEU Cyprus stands for Youth for Exchange and Understanding Cyprus and it is a nonpolitical, non governmental organization (NGO) based in Nicosia, Cyprus. Since 1995, the aim of YEU is to foster closer co-operation and better understanding among youngsters through the exchange of experiences and ideas.

It is one of the biggest youth organizations in Cyprus numbering more than 1000 members and is considered one of the most active organizations of the island, realizing several activities both on an international and local level.

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