

ESC Volunteer Role Description – 2022

Project Overview

The Youth Department of PRC - Braga was created in 2005 our goal is to involve and empower young people, promote self-confidence, cooperation and proactivity in our beneficiaries. Our target audiences are children, adolescents and young adults, who participate in the organisation as volunteers, beneficiaries or leaders/agents of positive change. We develop our work in a perspective of peer-to-peer education, using non-formal education methodologies. Our action always has in mind the promotion of Human Rights, we develop activities considering 6 main areas of intervention: Health Promotion and Education; Intervention for Social Inclusion; Education for Development and International Cooperation; Employability, Entrepreneurship and Active Citizenship; Environmental Education and, lastly, Humanitarian Action.

The volunteers will have the opportunity to carry out activities which promote the social inclusion of children and vulnerable young people from the Roma Community. They will have the opportunity to work in a charity shop, Ponto Vermelho, that helps and supports families in need and those fighting poverty. The volunteers can work on projects that support and promote international cooperation, including writing/implementing Erasmus+ applications and promoting Erasmus+ and ESC. There are also opportunities to integrate a social kindergarten, support the communication department, provide support to our foster care, among others, depending on the volunteers interests and profile.

Volunteer Tasks and Responsibilities

Mandatory:

- Support in our charity shop, Ponto Vermelho – 2/3 shifts a week
- Support in our Youth Centre for the Roma Community, Geração Tecla – 2 shifts a week

Optional:

- Assisting in the International Mobility Project, JCV in Action
 - Assisting writing/implementing Erasmus+
 - Promoting Erasmus+ and European Solidarity Corps in high schools and universities
- Supporting the Youth Department Communication team
- Providing support in our Foster Care for Unaccompanied Children (1/2 weekends a month)
- Supporting our Social Kindergarten
- Other activities related to volunteers' individual skills and interests, as far as these are possible within the scope of the project.
 - *example:* Planning and implementing workshops (languages/music/arts)
- Assisting with the SAD project (Serviço ao Domicílio) – working to support vulnerable elderly people with personal and home care
- Assisting with Equipa de Rua – supporting homeless/addicted people in Braga

The volunteers will set their schedule their first week in Braga

Training and Induction

- > Introduction to all project locations and staff
- > On-arrival training with Portuguese Red Cross, plus mandatory online training on the Red Cross/ Red Crescent Movement
- > Access to other training opportunities relevant to the volunteer's role/interests



Practicalities

Volunteers will be based in Braga's Red Cross Youth Department's office, although some activities happen in different locations, all in Braga except the Foster Care, which is in Prado, Vila Verde. Volunteers are expected to bring their own laptops. Normal hours of work are from 9am – 1pm and 2-5pm (35 hours). There is scope for flexibility depending on the volunteer's needs. If the volunteer works on the evenings or the weekends, they can rest on a chosen weekday.

