

*Youth Exchange*

# OUR HOME, OUR RESPONSIBILITY

KACZYN, POLAND, 12-22.07.2022



Regionalne  
Centrum Wolontariatu  
w Kielcach



Erasmus+





Nowadays, we hear about many environmental problems: air pollution, global warming, overcrowded landfills, numerous logging and forest fires - mostly caused by human activity.

Unfortunately, the problems keep growing, and we only have one planet to live in, it's our only home.

If we do not feel responsible for it now, soon it will be too late. So it's time to take action.

### **PROJECT OBJECTIVES:**

- making young people from different countries and their local community aware of global environmental problems,
- equipping participants with tools and skills that will allow them to have a real impact on the environment in the future,
- spreading a pro-ecological attitude.



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"We are the first  
generation to feel the  
impact of climate change  
and the last generation  
that can do something  
about it."

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JAY INSLEE

# We are looking for people who are



aged 18 - 30



motivated to participate in  
8-day lasting international  
project



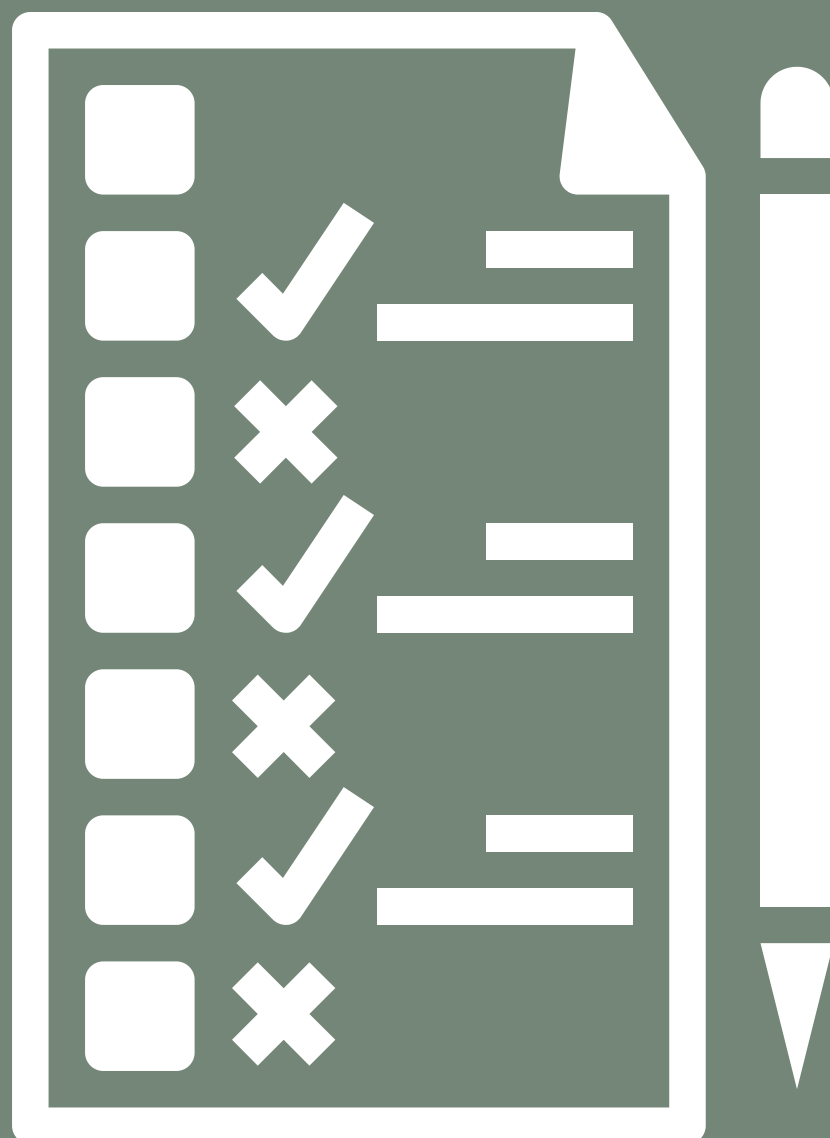
interested in topics  
connected with ecology  
and environmental  
protection.



# What to prepare - tasks

## Before the Youth Exchange

- Fill in the registration form:  
<https://forms.gle/Qtyk9S8kmorRsLqE8>



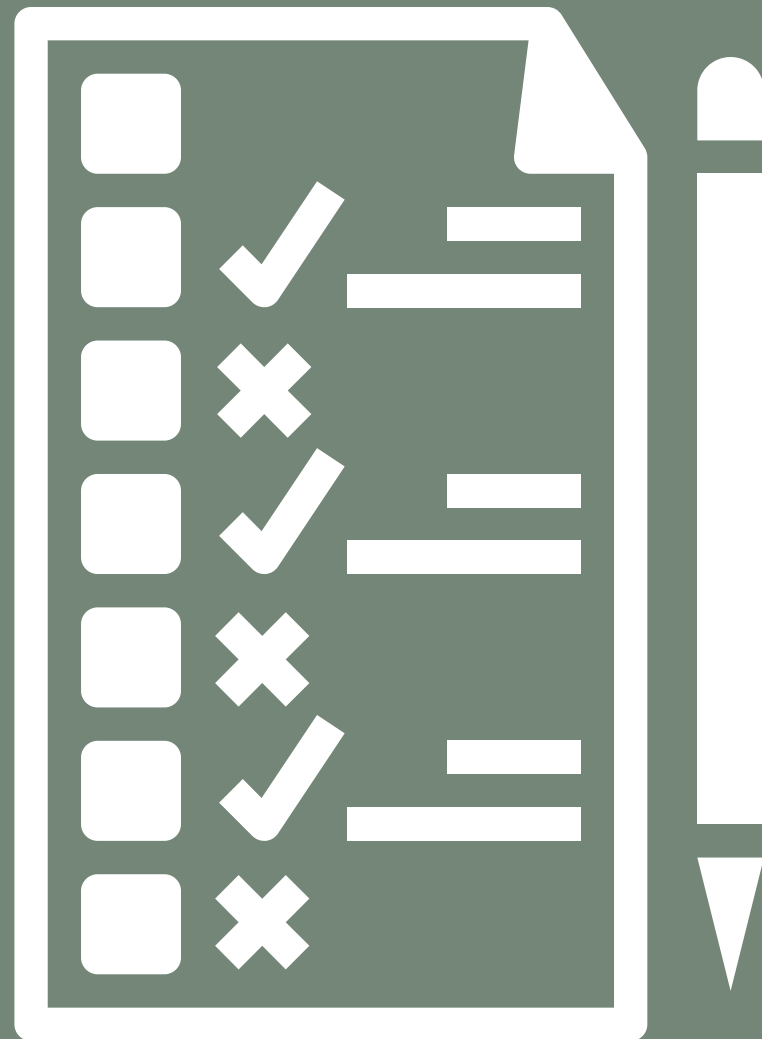
- Survey about the ecology among locals (more information closer to the mobility)
- familiarising with different pro-ecological organizations like WWF, Greenpeace, United Nations Organization etc.

## After Coming home

- Dissemination of project work
- Information about the project in social media
- Workshops with youth



# *What to prepare - things*



- Comfortable clothes for outdoor activities
- Something more elegant (or semi casual) for closing gala
- Computers - it's not obligatory but if you have such a possibility, it would be useful
- Things for culture night (check below)
- The hotel has a swimming pool. It's outside and the weather in the middle of July in Poland is quite warm, thus, we encourage you to bring your bathing suit - it might be handy :)
- Good mood :)





# *Culture night*

Each evening, one of the groups will have the opportunity to present their country. Bring food and country-specific items with you. You can also prepare traditional games, dances, tongue twisters and many more - you are limited only by your imagination :) After the cultural evening, the group will be able to conduct short lessons in their language.





*Venue*

## EKO WYPOCZYNEK W KACZYNIE

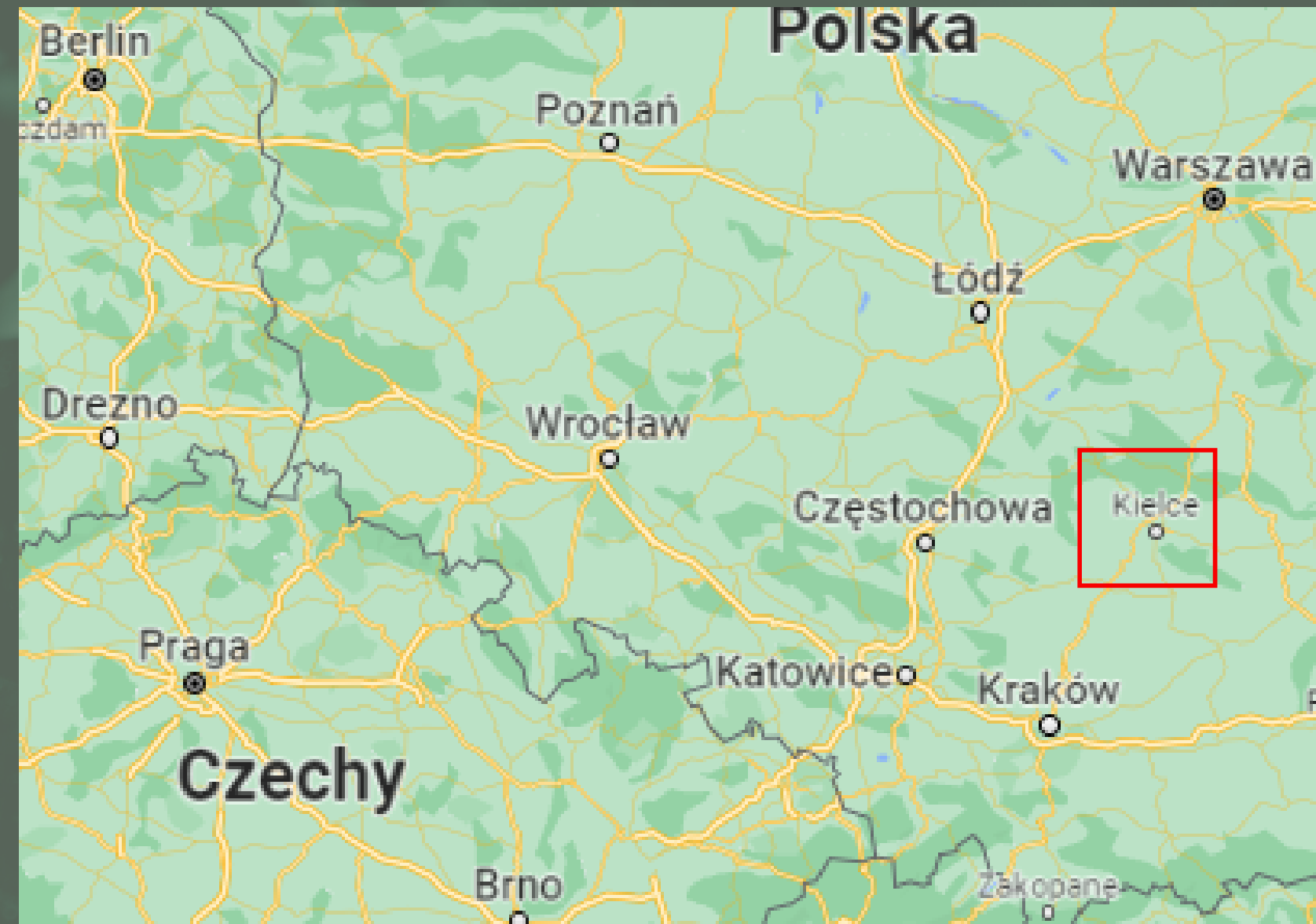
Kaczyn 1a  
26-021 Daleszyce  
woj. świętokrzyskie  
<http://kaczyn.pl/>





# How to reach Kielce

- Take a flight to Warsaw (Warszawa) Chopin Airport or Cracow (Kraków)
- Take a bus or train from there to Kielce
- We're gathering in Kielce. Private transport will be provided from Kielce to the venue in Kaczyn.
- **For Czech participants:** take any land transport from your country to Cracow (Kraków), Częstochowa, Wrocław or Katowice (the best choice is Cracow because it is the easiest to reach Kielce from there, we do not recommend Wrocław if you have other options). From one of these cities take a bus/train to Kielce. Flights as above are also possible but it's not much faster than bus/train.



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## How to reach Kielce from Warsaw Chopin Airport

You need to catch a train to the main railway station or take a flix bus from the west station or the airport.

- Koleje Mazowieckie (get off on the Warszawa Centralna Station)
- SKM (get off Warszawa Śródmieście [you must go to the Warszawa Centralna through underground corridors - there will be the inform table]), from Warszawa Centralna, you can catch the train to Kielce (there is a schedule: <https://rozklad-pkp.pl/en>)

There is a website <https://en.e-podroznik.pl/>, which you can find all connections to Kielce - by trains and buses.

## How to reach Kielce from Cracow Airport (Balice)

You need to catch a train from the airport to the main railway station (name: Kraków Główny).

Next (from Kraków Główny), you can catch the train to Kielce:

<https://www.pkp.pl/en/>  
<https://www.polregio.pl/en/>

It is also possible to go by bus. There is a website <https://en.e-podroznik.pl/>, which you can find all connections to Kielce - by trains and buses.





## **YOUR ARRIVAL**

We are starting on 12.07.2022 at 7:00 PM with dinner.

**We will provide a bus from Kielce train station to the venue at 5:00 PM.** Please, try not to be late.

Please let us know in advance what time you will arrive.

## **YOUR DEPARTURE**

In 22.07.2022 at 8:00 AM we have a breakfast and after that we are going back to Kielce.

**We will provide a bus from the venue to Kielce train station at 9:30 AM (in Kielce we will arrive at about 10 AM).**

Please, let us know if you need to catch a bus/train from Kielce to the airport earlier than 10AM.



# TRAVEL REIMBURSEMENT

Country	Number of participants + Leader	Max amount for the travel per person	Max amount for travel using ecological means of transport per person
Cyprus	5 + 1	€360,00	€410,00
Czech Republic	5 + 1	€180,00	€210,00
Poland	5 + 1	€23,00	-
Portugal	5 + 1	€360,00	-
Spain	5 + 1	€360,00	€410,00



## OTHER IMPORTANT PIECES OF INFORMATION

- Team Leaders are obligated to participate in the online preparatory meeting in 5-6.07.2022 10-13:00 GTC+1 time (the date and time of the meeting may change depending on the preferences of the participants)
- **During the whole project, there is no alcohol allowed.**



# About the Host Organization



Regional Volunteer Center was established in 1997 as a program of the Foundation in Support of Local Democracy. From 2005 we have been an independent association. The main aims of our organization is to help people to understand the idea of volunteering, educate youth about alternative ways of spending spare time and helping the others.

The mission of the Regional Volunteer Center in Kielce is to inspire and stimulate civic and voluntary activity for the development of society. We carry out our activities in the spirit of dialogue, guided by the principles of respect for human rights, sustainable development and the idea of the common good.



# PARTNERS



**Cesta Rozvoje**

Czech Republic



**Inspira! - Intervenção  
juvenil e ambiental**

Portugal



ASSOCIACIÓ  
CULTURA CREATIVA

**Cultura Creativa**

Spain



**Youth for Exchange and  
Understanding (YEU)**

Cyprus



**Erasmus+**



# Meet your trainers



IRINA MUGDUSI

Georgia



ANDREEA BĂLAȘA

Romania



MILENA WOJTERSKA

Poland

They are ESC volunteers in Kielce in Regionalne Centrum Wolontariatu. They are passionate about youth development, civil engagement and non-formal education. They love nature and animals. Environment protection and sustainable development have been the spheres of their interest for a long time. Irina holds a Masters degree in EU politics and governance. Andreea has studied psychology and security studies. She is also interested in arts and human behavior. Both have been engaged in several training courses and workshops covering different areas, and are excited to work on the topic of environmental protection.

She lives in Kielce and works as a mechanical engineer in the production plant, but ecology, creativity and working with people are her passions. So, after hours she is volunteer, coordinator and trainer in RCW for 7 years. She carried out several own eco-initiatives. She loves to lead creative workshops and generally to teach people (especially children and teenagers). In everyday life, she follows the no waste idea and tries to show other people how to be eco. Additionally she practices yoga and is fascinated by the human body. A very important thing in her life is all time creating new things and ideas (for example sewing bags, painting clothes, biodegradable decorations).



# Do you have any questions?

Feel free to reach out!



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