

ERASMUS+ PROGRAMME

KA 1.4.5 – MOBILITY OF YOUTH WORKERS

German National Agency for Erasmus+

CALL FOR PARTICIPANTS FOR TRAINING COURSE

FOOD FOR THOUGHT

Gendered and Classed Consumption

GENERAL BACKGROUND

Our daily consumer choices affect not only our own lives and well-being, as well as the people and the world around us. In many countries the market for ethically and sustainably produced food products has grown, and the same issues have gained greater visibility for example in the clothing industry. Not all people, however, are equally involved in these developments. Women, people with higher levels of education and people living in urban areas are more likely to be vegetarian, for instance. Our gender and class has an impact on our consumer choices, affecting both our personal health and ecological footprint – both important concerns in a world with growing problems such as obesity and climate changes.

Food for Thought is a project designed by IJGD (Germany) in collaboration with MAGNET (Serbia) and its activities will be hosted in both countries. Participants who take part in the first activity automatically qualify to attend the second activity as well, if they wish to do so.

The aim of this project is to promote well-being and active citizenship and make the participants challenge stereotypes and norms about gender and class so that they are empowered to live their lives in a fuller and more free way, have greater respect for other ways of life, and make more informed consumer choices.

The objectives of the project are:

- To give an introduction to the social construction of gender and how class and gender intersect.
- To give an introduction to sustainable food production and consumption and its societal benefits.
- To give an introduction to how gender and class affect consumption.
- To initiate a change in attitudes towards consumption as it relates to gender, class and sustainability.
- To develop life skills, including cooking and sharing responsibilities among members of a household (short-term or longterm) with particular attention given to gender norms and class differences as they apply to divisions of labour.
- To promote healthy living by promoting a plant-based diet among young people.
- To introduce young people coming from disadvantaged background with the tools and technics on how to apply lessons learned in their daily lives.

The project will consist out of 3 activities:

A1: Introductory training course (7 working days): here participants will be presented with basic theories surrounding the topic, namely on food production, consumption, gender and economical frame society is built upon, as well start getting deeper into understanding the links between the topics. Activity will be hosted in Germany by IJGD.

A2: training for multipliers and educators (7 working days): in this training course participants will not only go deeper into the topic, but also gain the necessary knowledge to multiply gained competences later on, with the focus on multiplying them in the youth exchange that will be following this training course. Activity will be hosted in Serbia by MAGNET.

A3: youth exchange (10 working days): in this activity, participants age 20-25 will get a chance to explore the topic from a different point of view, prepared by the leaders of the YE, as their practical work for the training for multipliers. The focus will be given to creative methodologies, such as photography, movie making, sculpture and theater, while at the same time, participants will get an opportunity to build an organic garden at the center where the activity will take place, which will also have a final event, designed in a child-friendly way, so that it could be presented to young people on the local level, age 10-16. Activity will be hosted in Germany by IJGD.

Target group: youth workers, trainers, educators, project managers, young people active in youth work in their organizations

Venue/ Dates: Training Course will be held at the youth educational center in Kastellaun, Germany. Arrival day for participants will be March 19th, while departure day will be March 27th.

Financial conditions: Costs of accommodation and lodging will be covered by the project grant. The travel costs will be covered according to distance calculator as defined by the European Commission. COVID-19 test, if required to enter Germany, will be covered by the grant.

How to apply: Please submit application forms of your applicants to the project coordinator by February 15th

Project Coordinator contact

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