

SOCHI, RUSSIA  
IMERETI LOWLAND  
BLACK SEA

21-27 APRIL 2022

# INFOPACK



Erasmus+

## CIVIL SOCIETY – YOUTH WORK: THE ADDED VALUE



Funded by  
the European Union

# ABOUT THE PROJECT

THE INTERNATIONAL 7-DAY-LASTING STUDY VISIT (INCL ARRIVAL AND DEPARTURE) AND EXPERT MEETING “**CIVIL SOCIETY – YOUTH WORK: THE ADDED VALUE**” AIMS AT BRINGING TOGETHER YOUTH WORKERS FROM EUROPE AND ALL NEIGHBORING PARTNER REGIONS IN THEIR ROLE AS CIVIL SOCIETY ACTIVISTS AND CHANGE-MAKERS, IN ORDER TO LEARN FROM EACH OTHER’S REALITIES, INSPIRE AND SUPPORT EACH OTHER, AND EXCHANGE PRACTICES AND TOOLS THAT WILL LEAD TO NEW YOUTH-RELATED PROJECTS AT LOCAL, REGIONAL, NATIONAL AND EUROPEAN LEVEL. THE PROJECT TAKES PLACE FROM 21TH TO 27TH OF APRIL 2022 IN SOCHI (RUSSIAN BLACK SEA REGION), AND INVOLVES 37 YOUTH WORKERS FROM 17 PARTNER ORGANIZATIONS FROM 17 COUNTRIES.

TODAY, THE MOST RELEVANT FIELD FOR THE DEVELOPMENT AND ACTIVITIES OF MODERN SOCIALLY ACTIVE YOUTH IS THE NON-GOVERNMENTAL SECTOR. IT IS CIVIL SOCIETY THAT CAN PROVIDE YOUNG PEOPLE WITH A WIDE RANGE OF OPPORTUNITIES: FROM PARTICIPATING IN LOCAL EVENTS AND HELPING TO SOLVE SOCIAL PROBLEMS OF A PARTICULAR REGION TO INTERNATIONAL PROJECT ACTIVITIES AND THE POSSIBILITY OF OBTAINING INTERNATIONAL NON-FORMAL EDUCATION.

UNFORTUNATELY, IT IS WORTH RECOGNIZING THAT THE DEVELOPMENT OF CIVIL SOCIETY IN SOME COUNTRIES HAS NOT REACHED THE LEVEL THAT WOULD COVER THE HIGH INTEREST OF LOCAL YOUTH IN THE RIGHTS AND OPPORTUNITIES THAT YOUNG REPRESENTATIVES OF CIVIL SOCIETY IN EUROPE HAVE. WE, IN TURN, BELIEVE THAT INVOLVING YOUNG PEOPLE IN THE ACTIVITIES AND DEVELOPMENT OF THE NON-GOVERNMENTAL SECTOR WILL HELP IN SOLVING THE KEY SOCIO-ECONOMIC PROBLEMS THAT ARE RELEVANT FOR THE GLOBAL COMMUNITY. FOR EXAMPLE, BY ORGANIZING INFORMAL TRAINING EVENTS WE CAN CONTRIBUTE TO THE FIGHT AGAINST HIGH UNEMPLOYMENT, DEVELOP THE SKILLS AND COMPETENCIES OF YOUNG PEOPLE, AND TALK ABOUT NEW PERSPECTIVES IN THE FIELD OF GROWTH, EMPLOYMENT, EQUALITY AND SOCIAL INTEGRATION THAT THE WORLD COMMUNITY OFFERS. ANOTHER INTERESTING ASPECT OF WORKING WITH YOUTH FOR US IS THE INTERACTION WITH YOUNG PEOPLE FROM DYSFUNCTIONAL FAMILIES, BECAUSE IT IS ESPECIALLY IMPORTANT TO FORM THEIR ACTIVE CITIZENSHIP, TO ENGAGE IN THE DEMOCRATIC LIFE OF SOCIETY, TO GIVE THEM THE OPPORTUNITY TO STUDY THE INTERNATIONAL YOUTH COMMUNITY AND FEEL THEIR DIRECT INVOLVEMENT IN IT.

THUS, WE WANT TO IMPLEMENT A STUDY VISIT IN RUSSIA, DURING WHICH EUROPEAN COLLEAGUES WILL BE ABLE TO VISIT THIS COUNTRY, TALK ABOUT THE ORGANIZATION OF CIVIL SOCIETY WORK AND THE CULTURE OF OTHER COUNTRIES, SHARE EXPERIENCES AND BEST PRACTICES, AND TELL OUR YOUTH ABOUT THE RIGHTS AND THE OPPORTUNITIES THAT YOUNG PEOPLE IN OTHER COUNTRIES HAVE.

# THE PARTNERSHIP

Country	NGO	Name	pax
Albania	Pertej Barrierave = Beyond the barriers	Irena Topalli	2
Armenia	Yeghvard youth ecological NGO	Sirarpi Manyan	2
Austria	Jugendzentrum Perg	Karin Peham-Strauß	3
Bulgaria	International youth committee	Ivan Gudev	2
Cyprus	Neolea gia Antalagi Kai Katanoisi=Info YEU Cyprus	Mary Ioannidou	2
France	Organisation Française de la Coopération Int.	Youri Bergoug	2
Sint Martin/ NL	Caribbean Education and Culture Foundation	Jesus Rojas	2
Georgia	BITISI	Levan Niparishvili	2
Greece	United Societies of Balkans	Ioannis Tsilsou	2
Italy	Erasmus Force One	Andriy Synyavskyy	2
Palestine	Bait Byout	Ali Aliahmed	2
Turkey	Ahi Evran University	Özgür Erbek	2
Romania	ADAPTIO	Oancea Raluca	2
Russia	DIPCAMP	Igor Novitsky	4
Spain	Asociación Entrejuegos	Sandra Leiva López	2
Tunesia	ASED	Mounir Bokchari	2
Ukraine	Educatio	Vladimir Kozachun	2

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## GOAL

The main goal of the project to **increase** the level of key competencies of youth in the field of civil society and to promote their active participation in the democratic life of Europe.

## TASKS

- to study the organization of work of Russian, Caucasian and European civil society;
- to carry out an international exchange of experience and best practices;
- to increase the level of awareness of youth about the rights and opportunities that youth of other countries possess.
- to establish strong cultural, diplomatic and friendly relations between the participants;
- to develop among young people an intercultural understanding and sense of belonging to the world youth community.
- to establish a wider international network where we can learn from each other.

## TOOLS

- formation of a discussion group on an online platform, which will allow us to always be in touch and promptly advise each other on emerging issues and difficulties.
- creation and development of a program for non-formal education events, which participants will be able to implement further in their countries.
- the creation of a methodological manual containing all informational material of the educational course that participants can use in their organizations as a reference and distribute as informational handouts at their events in order to increase the level of awareness of youth about their rights and opportunities.
- practical development of key professional skills of youth, which they will be able to use when they look for work, during interviews, as well as in the implementation of professional activities.
- media coverage of the event will allow youth representatives of civil society to learn about the existence of an educational course on this topic, become interested in studying these issues and take part in existing projects or create their own;
- compiling a list of recommended resources with collections of thematic articles, ongoing events, useful online platforms and applications, will allow organizations to replenish their digital library and find new methods for interacting with and helping young people, which will increase the level of effectiveness of work with young people.



# PROGRAMM

Time	21/04	22/04	23/04	24/04	25/04	26/04	27/04
9:00	Breakfast						
10:00	Arrival/ Check-in	Expectation, contribution, Challenges Introduction to Erasmus + and Youthpass	Discussions of the global civil society	Key youth competence <u>Non-formal</u> education	Human Rights	Study tour with local authorities	Departure
11:30	Coffee-break						
12:00	Arrival/ Check-in	Non-formal education	Local Ethnic NGO Visit	Local SO NGO Visit	Local SO NGO Visit	Study tour with local authorities	Departure
13:30	Lunch						
15:00	Arrival/ Check-in	Local SO NGO Visit	Local Eco NGO Visit	Local Short NGO Visit	Youth Pass Activities	Evaluation of learning outcomes/ Youthpass What now?	Departure
16:30	Coffee-break						
17:00	Arrival/ Check-in	Sightseeing Olympic part and the role of civil society during the implementation of it	International Cafe	Sightseeing with a focus on sports and E+	NGO Fair	Expectatio ns/contrib utions, challenge. Youthpass certificates	Departure
18:30	Arrival/ Check-in	Reflection groups & Buddies   + Gratefulness ritual				Evaluation of the project	Departure
19:30	Dinner						
20:00	Free night	Intercultural night		Free night	Intercultural night		Departure

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## PARTICIPANT PROFILE

Youth workers of the civil society together in order to gain more knowledge, tools and experience for their own work but also to share experience in this field. It is important nowadays that the civil society and here the youth to take the stage and encourage the young people to take their role.

The study visit is addressed to people who:

- ages 18+
- are involved in youth work as representatives of NGOs, teachers, volunteers, trainers, facilitators, project managers. The project is designed and developed for capacity building of the youth profession's that's why we need youth professionals to involve implementation.
- are able to communicate in English. The project will be implemented in English language. Participants should have good knowledge of English.
- are interested in the topic of civil society development. We are expecting from participants to participate fully for the project activities starting from preparation to report phase. So, the mainly topic of the project is civil society development. So that we expect participants who already work in civil society or motivation to work in this topic.
- are ready to take part in the whole study visit Participants should be able to be motivated and ready for participate considering their time, effort, willingness and expectations to benefit from this training course. Bearing in mind on this, fully participation is key elements of the activities.
- have organizational support for further youth activities: Participants also should be able to get support of their working organization to lead project activities for implementation and follow-up phase.

# PREPARATION OF PARTICIPANTS



**Language:** The language of the course is English. Participants should be able to communicate in English.

## Intercultural Evening

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc. **PREPARE A SPECIAL INTERCULTURAL EVENING AS WE MIGHT PRESENT IT AT THE LOCAL MUNICIPALITY WITH THE COMMUNITY PARTICIPATION. Be aware: we are 17!!! countries!! Not too long.**

## Homework and daily program:

Two weeks before the study visit, we will send you a small homework to complete in your country group. The daily program will be also sent after the homework.

## NGO Fair

One of the aims of the Study visit is to develop cooperation and new projects between the NGO's/ That is why we are going to organize an NGO fair where every organization will have a chance to present itself. Make sure you bring some informational materials, flyers, booklets, or publications representing your organization. **THIS MIGHT TAKE PLACE ON THE SAME NIGHT OF THE INTERCULTURAL EVENING AT THE LOCAL MUNICIPALITY**



# PREPARATION OF PARTICIPANTS

## YOUTHPASS Certificates

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.

## REQUIREMENTS

- Organizations MUST find the participants by the 21st of February 2022
- Participants MUST fill in the online questionnaire by the 28th of February 2022. (Which will be send participants after the selection).
- Participants MUST purchase tickets by the 1st of March 2022
- Do not forget your **TICKET INVOICE - BOARDING PASS**, all invoices, tickets, and boarding passes are needed in original
- Copy of Passport/ID – **scan, not photo** (needed for Russian visa)
- Visa information (if needed)

## COSTS

Accommodation/ full board is included

### WE HAVE TO INFORM YOU that we also will ask for PARTICIPATION FEE:

The project is a study visit which requires costs to travel which are not included in the lump sums as you might know. We informed you already at the stage of application about this.

**70 Euros per person for EU countries and  
50 Euros per person for NON-EU countries**



# TRAVEL COSTS

In line with the Erasmus+ Program, travel costs will be refunded according to the table below.

Flight tickets should be bought by the participants/partner organisations, but confirmed by Jugendzentrum Perg. Your travel days can exceed a max of 5 days (doesn't matter if before or after the project – in total 5) Please keep us organizers informed to get confirmation for extra dates, otherwise travel costs will be not reimbursed. **Maximum refundable travel cost per person (including bus, train tickets etc.) see below. You will get the actual costs if you are under the lump sum.**

Visa/ vaccination/ insurance/ PCR tests: the sum in the column is for the whole group. You will be reimbursed up to the amount listed in the table below – according to actual costs (100%)

country	km	lump sum would be	Pax fee per group	if you stay below	you will get	if you stay above this amount you will get 80% of the travel costs	but not more than	visa/insurance/PCR per group
Austria	1994	275	210	392	275	392	500	1.800,00
Romania	1092	275	140	392	275	392	530	1.000,00
Spain	3778	530	140	anyway	530	530	530	1.000,00
Albania	1648	275	100	392	275	392	950	1.000,00
Armenia	535	275	100	anyway	275	275	275	600,00
Georgia	464	180	100	257	180	257	470	1.000,00
Ukraine	1043	275	100	392	275	392	615	1.000,00
Palestine	1358	275	100	392	275	392	950	1.400,00
Tunesia	2633	360	100	514	360	514	950	1.000,00
Turkey	677	275	140	392	275	392	590	1.000,00
Sint Maarten/ NL	9617	1500	140	anyway	1500	1500	1500	1.000,00
Bulgaria	1341	275	140	392	275	392	500	1.000,00
Cyprus	1108	275	140	392	275	392	500	1.000,00
France	2842	360	140	514	360	514	550	1.000,00
Greece	1420	275	140	392	275	392	550	1.000,00
Italy	2085	360	140	anyway	360	360	360	1.000,00

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# TRAVEL COSTS

Currency exchange costs, transfer costs and bank costs cannot be reimbursed either. Please use the local transport and buy economy-class tickets.

## REIMBURSEMENT OF TRAVEL TICKETS

Reimbursement will be made only after receiving the participants' original travel tickets, specifically:

1. Bus / Train reservation
2. Proof of payment (bank transfer)
3. All original tickets of bus and/or train (if any)
4. All original payment receipts (regarding visa)
5. Copy of ID/passport.

We will collect all the **original documents** in Sochi concerning reimbursement of travel costs, visa/ insurance, and PCR tests. The person you must approach will be Elke Ritzlmayr from Austria. She will check the documents according to your filled tables (mentioned below) and make sure you have everything with you.

People who are coming too late or leaving the training earlier will not have their travel cost refunded (exceptions are made in force major situations).

Please note if you bought your ticket, in your local currency, which might be different to EUR, we would calculate your travel costs according to the exchange rates from official European Commission website for the month of ticket purchase:  
<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

# TRAVEL COSTS

## REIMBURSEMENT/ COSTS

### Reimbursement:

We checked at the national agency of Austria if we can reimburse you on the spot in cash because of transfer costs. It is not allowed at all, and we had several discussions with the NA but there is no other option. Too many cases of corruption occurred in the past. We will send you the reimbursement by bank transfer. We prefer EU accounts because of transfer costs.

We only reimburse to one person/ association/ organization per country  
Attached you will also find the form where you can start to fill in for your group the necessary information.

There will be the example of Austria, but you can overwrite it. Please prepare it before you travel to Russia and send it to me (Karin) and Elke.

[Jugendzentrum.perg@gmail.com](mailto:Jugendzentrum.perg@gmail.com) and [4esor4@gmail.com](mailto:4esor4@gmail.com)

**Important note:** You must use the most economic public transportation. Taxi can be only used if you have no other option, and it must be proofed and explained!

Please keep the boarding tags from your airport check in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoices.

### INSURANCE (ACCORDINNG TO THE ERASMUS+ guide book)

All participants **MUST** issue by themselves their insurance:

- Repatriation costs in case of death
- travel insurance
- lost of luggage.
- health insurance (health insurance or European health insurance card)
- Corona insurance

Insurance cards are issued by your national health insurance provider:  
<http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>

## TRAVEL INFORMATION

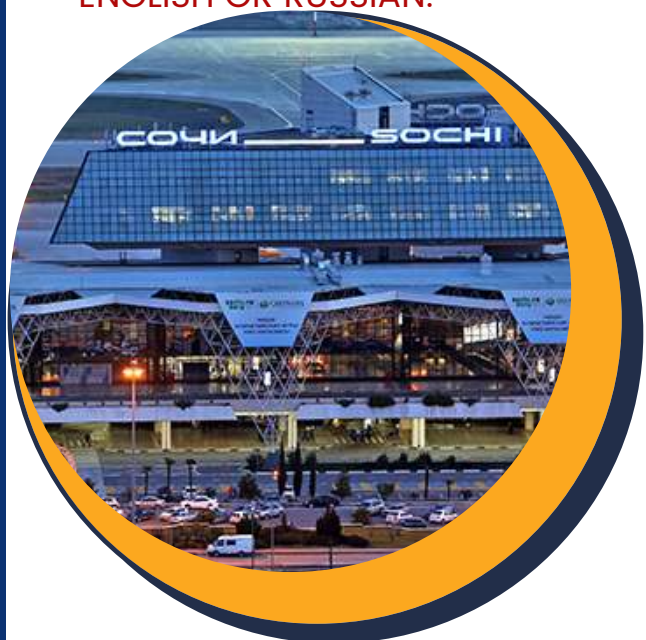
### HOW TO GET TO SOCHI?

**SOCHI (ADLER) INTERNATIONAL AIRPORT** ACCEPTS SEVERAL INTERNATIONAL DESTINATIONS. BEFORE BUYING TICKETS, MAKE SURE THAT YOUR COUNTRY IS INCLUDED IN THIS NUMBER. IN ANOTHER CASE, YOU CAN FLY TO THE KRASNODAR INTERNATIONAL AIRPORT, FROM WHERE YOU CAN GET TO THE PROJECT VENUE BY **HIGH-SPEED TRAIN**. THE TRIP TAKES 4 HOURS.

IN MOST OF THE CASES YOU WILL HAVE A FLIGHT THROUGH MOSCOW.

BY HAVING HIGH-SPEED TRAIN FROM KRASNODAR, YOU WILL GO TO THE STATION «**ADLER**» WHICH IS THE FINAL STATION FOR THIS WAY. FROM THERE YOU CAN GO DIRECTLY TO THE PROJECT VENUE. THE HOSTING ORGANIZATION WILL ASSIST YOU IN THIS PROCESS WHEN YOU WILL PROVIDE YOUR TRAVEL INFORMATION.

KEEP IN MIND THAT FOR NOW RUSSIA DOESN'T ACCEPT ANY EUROPEAN VACCINE, EXCEPT SPUTNIK V (RUSSIAN ONE). IN THIS CASE YOU NEED TO HAVE PCR-TEST TO ENTER THE COUNTRY. THE TEST SHOULD BE TRANSLATED INTO ENGLISH OR RUSSIAN.



**Sochi (Adler) Airport**



**Krasnodar Airport**

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# ABOUT SOCHI



Sochi is the largest resort city in Russia. The city is situated on the Sochi River, along the Black Sea in Southern Russia, with a population of 443,562 residents, up to 600,000 residents in the urban area. Sochi stretches across 145 kilometers (90 mi), and is the longest city in Europe, the fifth-largest city in the Southern Federal District, the second-largest city in Krasnodar Krai, and the sixth-largest city on the Black Sea.

Being a part of the Caucasian Riviera, it is one of the very few places in Russia with a subtropical climate, with warm to hot summers and mild to cool winters.

With the alpine and nordic events held at the nearby ski resort of **Rosa Khutor in Krasnaya Polyana**, Sochi hosted the XXII Olympic Winter Games and XI Paralympic Winter Games in 2014, as well as the Formula 1 Russian Grand Prix from 2014 until at least 2020. It was also one of the host cities for the 2018 FIFA World Cup.

**Adler (the project venue)** is a beach area of Sochi, famous for the Olympic Park, the venue of the 2014 Winter Olympic Games. On the territory of the park there are Singing fountains with evening water shows accompanied by classical music. The national football team matches are held at the Fisht Olympic Stadium. Next to the Olympic Park is Sochi Park, where you can see a dolphin show and ride a high-speed roller coaster.

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# VELVET SEASONS HOTEL SOCHI

## ACCOMMODATION & MEALS



**Velvet Seasons Hotel, Sochi** <https://b-h-s.ru/> (Adler, Sirius village/Imereti Resort, 9,6 km from the Sochi Airport): the hotel complex guarantees its guests an unforgettable stay in one of the 3 blocks of hotels with developed infrastructure!

Participants will stay in a room for 2 people, shower/ toilet in each room. Meals 3 times a day according to the buffet system. Free high-speed Wi-Fi. The hotel is within walking distance from the embankment and the main Olympic venues. There are different sport fields on the territory of hotel.

# VELVET SEASONS HOTEL SOCHI

## ACCOMMODATION & MEALS



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# CHECK LIST

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**FILL IN THE FORM FOR TRAVEL REIMBURSEMENT.** WE WILL SEND YOU A FORM WHICH YOU HAVE TO FILL IN PRIOR TO ARRIVAL AND HAND IT OVER TO JUGENDZENTRUM PERG. WE WILL ALSO COLLECT ALL THE ORIGINALS (IF YOU DON'T NEED IT ANYMORE) OR COPIES. **PLEASE BRING THE DOCUMENTS READY AND COPIED IF YOU NEED THE ORIGINALS.** ALL. WE WILL ONLY REIMBURSE WHAT WE WILL GET IN HAND. WE HAVE 17 COUNTRIES WITH SPECIAL RULES ON TRAVEL COSTS, THAT'S WHY **THIS IS VERY IMPORTANT**

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- **BRING E-TICKETS.** IT IS VERY IMPORTANT THAT YOU BRING YOUR E-TICKETS (BOARDING PASS) WITH YOU SO THAT WE CAN REIMBURSE YOU. WITHOUT A VALID INVOICE AND THE BOARDING PASS WE WOULD NOT BE ABLE TO REFUND YOU THE MONEY! ALSO WE WOULD NEED THE EMAIL CONFIRMATION OF YOUR FLIGHT.
- BRING **ORIGINAL TICKETS** OF BUS, TRAINS... (DOWNLOAD THE BILL AS WELL IF YOU ONLY HAVE IT ONLY ON YOUR MOBILE PHONE
- ONLINE CHECK-IN. YOU MAY NEED TO CHECK IN ONLINE BEFORE YOU TRAVEL. CHECK YOUR FLIGHT PROVIDER AND BRING THE NECESSARY INFORMATION INCLUDING E-TICKET. **PLEASE REMEMBER YOUR PASSPORT!**
- **TRAVEL, HEALTH (INCL CORONA), REPATRIATION, LOST OF LUGGAGE,/ INSURANCE.** IT IS VERY IMPORTANT YOU ORGANIZE YOUR OWN (TRAVEL) INSURANCE PRIOR TO ARRIVAL.
- **RECEIPTS.** PLEASE BRING ALL RECEIPTS WITH YOU AS PROOF OF PURCHASE, SO THAT WE CAN PAY YOU BACK WHEN YOU ARRIVE. REMEMBER WE CAN ONLY REIMBURSE YOU THE COSTS WHEN YOU HAVE USED THE CHEAPEST AVAILABLE OPTION.
- **BAGGAGE ALLOWANCE.** PLEASE CHECK THE BAGGAGE RESTRICTIONS FOR YOUR TRAVEL PROVIDER. EACH COMPANY HAS DIFFERENT ALLOWANCES!
- WHAT TO PACK. A SWIMMING COSTUME. WHATEVER EQUIPMENT YOU WILL NEED DURING YOUR STAY (PLEASE CHECK BAGGAGE RESTRICTIONS FIRST)





# CONTACTS

The project is:

- coordinated by Jugendzentrum Perg (**Ms Karin Peham-Strauß, [jugendzentrum.perg@gmail.com](mailto:jugendzentrum.perg@gmail.com)**) from Austria;
- and hosted by MOSTCAMP (DIPCAMP) (**Mr Igor Novitskii, [falcocenter@gmail.com](mailto:falcocenter@gmail.com)**) and **Ms Evelina Ablaeva ([ablaeva.evelina@yandex.ru](mailto:ablaeva.evelina@yandex.ru))** from the Russian Federation