JOIN US FOR AN 8 MONTHS VOLUNTEERING ESC IN SANTANDER (SPAIN)

THE PARTICIPANTS MUST BE RESIDENTS OF EU



FUTURE IS SOLIDARITY 2.0



fb.com/Asociacion.Ser.Joven



@asociacionserjoven

for further information, don't hesitate to contact us: movilidad@ser-joven.org

Applicate sending your **CV and motivation letter** to **movilidad@ser-joven.org**indicating in the SUBJECT of the
email "AMPROS APPLICATION"

WWW.SER-JOVEN.ORG









WE ARE LOOKING FOR

 2 volunteers for AMPROS (Cantabrian Association for People with Intellectual and Developmental Disabilities), from April 2022 to November 2022, 8 month in total (apply ASAP)

WHAT IS AMPROS?

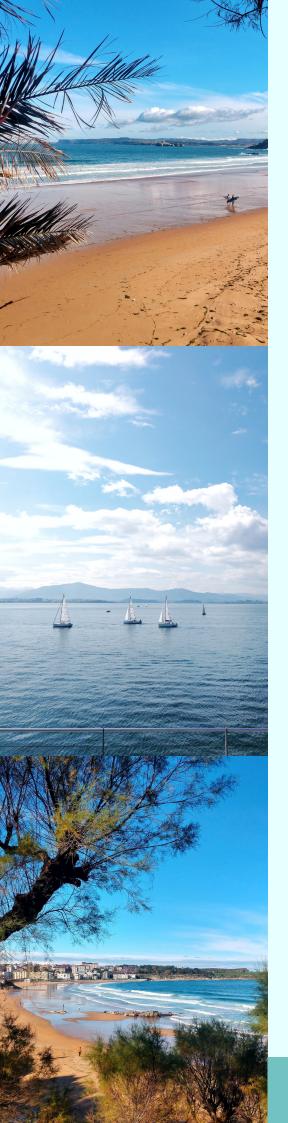
 is an association whose mission is to contribute to improving the quality of life of each person with intellectual and developmental disabilities and their families, as well as to disseminate, defend, claim and promote rights and support, creating opportunities that allow them to achieve their life projects and their full citizenship, based on principles of efficiency in management, innovation and ethical commitment.

VOLUNTEERS' DAILY ACTIVITIES

- The main task of the volunteer is to accompany the users during different free time daily activities scheduled by the center, for example zumba, Internet, games, regional dances, cooking workshops, karaoke, sports activities, gymnastics, hand crafts, theater etc.
- Volunteer's daily activities takes place from Tuesday to Saturday from 4 pm to 9 pm.
- Moreover, the volunteer gets the chance to organize special events like Winter Festival, San Valentine's Day, Holiday Programme, Summer Camps, weekend activities in a hostel, sports events, festivals to celebrate Cantabria Day and seminars about volunteering.
- In addition, she/he collaborates with other organizations or training centers like Asociación Ser Joven in order to manage workshops, summer and work camps, educational activities (like "La Noche es Joven" in Santander), meetings and seminars to promote ESC and European projects. All these aspects involve the volunteer in a personal and professional way with the aim to develop his/her skills, especially the creative ones.







VOLUNTEERS' PROFILE

- Any person who is ready to devote his/her free time in the benefit of the people with intellectual and developmental disabilities in an altruistic way and whose physical and mental condition is compatible with project duties; i.e.
- a person with no mobility problems and motivated enough (sometimes, the project activities can seem routine),
- flexible, with sense of iniciative
- Moreover, the volunteer should be ready to live in a shared room with other European volunteers.

LEARNING OPPORTUNITIES AND TRAINING:

At the beginning of the project, the volunteer follows a special training course run by professionals working with AMPROS, in which she/he is going to **learn**:

- the history, aims and functioning of AMPROS as an institution and the different offered services;
- the meaning and importance of the voluntary work;
- techniques of accompaniment to people with intellectual and developmental disabilities;;
- types of disabilities
- Training about Asociación Ser Joven, aims, programmes.

PRACTICAL ARRANGEMENTS:

- Accommodation (shared room in a shared flat with other ESC volunteers) with internet WIFI
- local transportation (travel card)
- monthly pocket money (150 euro), food money (150 euro)
- mentor
- online Spanish Language Course for foreigners;
- opportunity to carry out a personal project.



