

# Youth Workers for Sustainable Organizations

# Youth Workers Mobility

Dear partner organization,

We are happy to inform you that the project Youth Workers for Sustainable Organizations will be implemented from the 12th of September to the 18th of September 2021 in Ljubljana. The training is intended for youth workers and other individuals that work with youth. The main idea of the project is to equip individuals with the knowledge and skills for behavioural change in themselves, and in youth that they work with, towards more sustainable and environmentally just way of being.

Type of activity: Training under the Youth Workers Mobility

Activity date: from 12th of September till 18th of September\* 2021

Activity location: Ljubljana, Slovenia

\* first and last day are meant for transfer

NOTE: the second part of the training will be implemented from the 7<sup>th</sup> to the 13<sup>th</sup> of May 2022 in Izola or Bled (Slovenia); it is obligatory for participants to take part in both trainings; the dates may change due to travel restrictions, COVID rules etc.

#### Partners involved:

- Asociatia GEYC Romunia
- Active Bulgarin Society Bulgaria
- Youth For Exchange and Understanding Cyprus
- Center for Intercultural Dialogue Republic of North Macedonia
- MOJU Portugal
- Peace Action Community Estonia
- JOETZ Belgium
- CSV Polis Italy
- Youth Network No Excuse Slovenia

# 1) GENERAL INFORMATION AND ACTIVITY BACKGROUND

It is not a secret that our planet is not treated in a way that it should be and that we are still quite a long way away form sustainability. Every day we cut down more than 30.000 hectares of rain forests that represent the lungs of our planet and which on a yearly basis effects more than 50.000 species. Majority of the rain forest is cut down due to the livestock industry, which is the second biggest green gas emission producer and is responsible also for water pollution. Between 4.8 to 12.7 million tons of plastic is disposed into oceans on a yearly basis, which does not include the plastic that ends on landfills, and we also produce up to 300 million tons of new plastic every year. But our problematic consumer habits are visible also regarding the fashion industry.







Fast fashion that is so widespread now days in majority contributes to the 10% of green gas emissions that the industry produces in a year and is responsible for being the second largest water consumer on the planet.

We could of course go on and talk about food waste, air traffic, natural disasters, that are the consequence of our treatment of the planet, etc. But just by observing the environment, and not even looking at the numbers, we can easily see that by going on as we used to is not an option anymore. As the politicians and the industry in majority are not addressing the challenges that we can see everywhere or at least they are not addressing them quicky enough, the responsibility for change often falls on the shoulders of the individuals.

The NGO sector plays an important part here as it can promote behavioural changes in youth and themselves to act in a more sustainable and environmentally just way. The project empowers youth workers to be able to change their own behaviour and impact the behaviours of their organizations and the youth that they work with. We wish to gather good practices that we can implement on a daily basis and create guidelines (handbook, etc.) for more sustainable organizations and way of living in general.

# 3) PARTICIPANTS' PROFILE

Participants should be:

- youth workers or other relevant individuals that work with youth
- required age of the participants is 18+
- previous knowledge on the topics of sustainability and climate justice are not a requirement but can be helpful
- have a motivation and interest to work towards greater sustainability
- can participate in both trainings

# 4) ACTIVITY PROGRAM

The activities we want to carry out are directly linked to the profile of the participants.

- The first phase The training will focus on issues on the field of sustainability in our organizations and aim to find solutions and alternatives that we can implement in our everyday life. We will also address various skills that will help participants to implement changes and address the issues in their own organization or local environment.
- The second phase In the period between trainings participants will carry out a small project/event/campaign that will address the topics of the first training. The participants will try to make at least one sustainable change in their own personal habits.
- In the third phase The second training will focus on sharing experiences gained in the meantime and preparing guidelines for youth workers and youth organizations to help them with sustainable changes.
- In the last, <u>forth</u> phase we will evaluate the project and suggest follow-up activities.







### 5) HOW TO APPLY

In order to apply to the activity, please fill in the form available here, by the latest 29th of August.

Note: if the participants require a travel visa to enter Slovenia, you should adapt the selection of the participants and the form completion accordingly.

#### 6) FINANCES (TRAVEL GRANT AND OTHER ASPECTS)

The Erasmus+ Programme finances the travel expenses up to the following amounts:

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Organization	Participants	Travel Grant per Participant
Asociatia GEYC - Romunia	2 youth workers	275 euros
Active Bulgarin Society	2 youth workers	275 euros
Youth For Exchange and Understanding Cyprus	2 youth workers	360 euros
Center for Intercultural Dialogue – Republic of North Macedonia	2 youth workers	275 euros
MOJU - Portugal	2 youth workers - both participants with fewer opportunities	360 euros
Peace Action Community Estonia	2 youth workers - both participants with fewer opportunities	275 euros
JOETZ - Belgium	2 youth workers	275 euros
CSV Polis - Italy	2 youth workers	180 euros

Also note, that the COVID tests are covered under the Erasmus+ grant. As with the transfer, we will also need the receipts/invoices issued to the organization to be able to refund the costs due to testing. COVID testing is covered from the whole project budget, therefore the above travel grant partly also covers testing.

Note: please let us know beforehand how many of the participants will require testing and what the price will be, so we are able to adjust the budget accordingly













### Important information!!!

In case the participant will spend more money for travel than the Erasmus+ Programme has approved, the participant will receive the amount approved by the Erasmus+ Programme. In case the participant will spend less money for travel than the Erasmus+ Programme envisioned, the participant will receive the amount for which he or she has provided the receipts to the organizer.

Note: due to the changeable COVID situation, all the purchased tickets should be fully changeable, so that it is possible to receive a voucher or return money if a flight is cancelled.

# Reimbursement procedure and requirements

Please note that only public transportation costs with the cheapest mean available are reimbursable. You are eligible for reimbursement only if you have attended 80% of activities during the event. In order for the participant to receive the reimbursement for travel expenses, they will provide the organizer with the following documentation:

- A completely filled out reimbursement form with all required information;
- Original boarding passes and all other tickets for transport (also originals) please note that copies are not acceptable;
- Receipts/invoices of payment for all travel expenses which you would like to get reimbursed.

The reimbursement will be transferred to the participant in 90 days after they will provide a **complete** reimbursement documentation to the organizer.

#### 7) ACCOMODATION

During the activity, the participants will be staying at a well-located accommodation in the city center of Ljubljana, probably in rooms by three, so that the venue will be easily accessible. Breakfast, lunch and dinner will be provided, together with the coffee/tea breaks. We will give the exact information on the accommodation once we receive the confirmed booking from the accommodation provider.

If the participants would like to stay in a private room (single/double) please let us know in advance. The amount that exceeds the planned price for accommodation should be paid to the organiser three days before the start of the activity at the latest.

#### 8) PRE-ACTIVITY TO-DOs

Prior to the start of the activity, the participants should prepare a presentation of their countries and organizations work in the field of sustainability, try to focus on good practices, which will be presented during the seminar.

Each team should also prepare a little something for the cultural evening. It could be quiz, a 







### 9) LOCATION AND ACTIVITY VENUES

The training Youth Workers for Sustainable Organizations will be held in Ljubljana, which is beautifully located in the centre of Slovenia and offers and amazing location to explore the rest of our green country. It is a political, administrative, cultural and economic centre, with a bit over 280.000 inhabitants. The roots of Ljubljana go back to the Roman times when it was known as Emona and therefore the city has a long and rich history. The historic centre offers a magnificent combination of well-preserved architecture, quality restaurants, hip bars, green areas, cultural spots etc., so there is much to see and explore for everyone. The view of the city is best enjoyed from the Ljubljana's castle that crowns and guards the city. Ljubljana is known for its green practices and was named the European Green Capital in 2016.

The programme of the seminar will take place in the No Excuse headquarters.

#### 10) HOW TO GET THERE

To reach Slovenia by plane, you can fly to the following airports:

- Ljubljana, Slovenia
- Venice Treviso airport, Italy
- Venice Marco Polo airport, Italy
- Trieste Ronchi dei Legionari airport, Italy
- Zagreb, Croatia

In order to reach the venue of the event, you can use the following means of transport:

- GoOpti shuttle usually the easiest and cheapest way of transfer
- Train
- Bus

#### 11) ABOUT THE ORGANIZER AND CONTACTS

No Excuse Slovenia is an organization in the public interest, which strives for positive social change and personal growth of young people. With the help of non-formal education encourages young people to social participation and activation of their peers. We harness the momentum of rebellious nature in young people to create positive change. Our focus is: Criticize, Suggest and Act. While it is easy to criticize, we encourage young people to go further and come up with solutions to tackle the problems they have identified in their local environment and broder.

# **Activity Coordinator:**

Sandra Modic sandra.modic@noexcuse.si +386 51 416 331



