



Erasmus+

PRO-GENDER: PROMOTING GENDER DIMENSION IN YOUTH WORK

8-16 AUGUST
YEREVAN, ARMENIA

INFORMATION **KIT**



Armenian Progressive Youth



PURPOSE OF THE TRAINING

The Training Course "PRO-GENDER: Promoting Gender Dimension in Youth Work" aims to gather **25 youth workers and youth educators** from the **European Union Member States (Italy, Bulgaria, Cyprus, Czech Republic, Greece and Romania)** and **non-EU Neighboring countries (Armenia, Belarus, Georgia, Moldova and Ukraine)**.

The Training Course aims at building capacities of youth workers and youth educators in addressing gender issues and mainstreaming gender into the policies and activities of partner organizations. Additionally, the project aims at incorporating gender-sensitive approaches to their work with young people and the youth work provided by their organizations.

Women and girls represent half of the world's population and therefore also half of its potential. But, today gender inequalities persist everywhere in the world and stagnate social progress. Women continue to be underrepresented at all levels of political leadership. Across the globe, women and girls perform a disproportionate share of unpaid domestic work. Inequalities faced by girls begin right at birth and follow them all their lives. In some countries, girls are deprived from access to health care services or proper nutrition, leading to a higher mortality rate.

Disadvantages in education translate into lack of skills and limited opportunities to access the labor market. Women's and girls' empowerment is essential to expand economic growth and promote social development. Full participation of women in the labor market may lead to economic growth and prosperity.

Regardless of where you live, gender equality is a fundamental human right. Advancing gender equality is critical to all areas of a healthy society, from reducing poverty to promoting health, education, protection and the well-being of girls and boys. Gender equality education among young people is important. It is essential to allow young leaders and youth workers to feel and reflect on the influence of gender and gender roles, by giving them an opportunity to discuss, debate and learn more about issues that often remain unrevealed. This is why we have developed this Training Course.



OBJECTIVES OF THE TRAINING

The Objectives of the Training Course are the following:

- A. To raise awareness of 25 youth workers and youth educators on gender mainstreaming;
- B. To provide 25 youth workers and youth educators with knowledge on gender equality, equality feminism, feminist movements and ideologies;
- C. To equip participants with knowledge, techniques and tools, which can improve gender sensitivity of their work with young people and inclusiveness of their organizations;
- D. To raise the awareness of youth workers and youth educators on the importance of true comprehension of gender equality and promotion of equality among young people;
- E. To improve international cooperation between youth workers from the partner organizations and facilitate networking;
- F. To promote development of new partnerships and projects on gender mainstreaming within Erasmus+ Programme.

PROFILE OF PARTICIPANTS

- Youth workers ranging from 18 to 30;
- Fluent in English;
- Resident of one of the participating countries;
- Available for the whole duration of the Training.

IMPORTANT!

This is a Training course for YOUTH WORKERS only!



TRAVEL INFORMATION

It is possible to reach Yerevan through Yerevan International Airport (Armenia) and Gyumri Airport (Armenia).

If you arrive at Yerevan International Airport: The participants landing in Yerevan will be picked up by the organizers.

If you arrive at Gyumri Airport: The transfer from Gyumri to the venue will be arranged by the organizers.

ARRIVAL AND DEPARTURE

The 8th of August is Arrival Day. Make sure you arrive at the hotel between 12:00 to 18:00. We will have a welcome dinner all together at 19:00.

The official program starts on the 9th of August.

NOTE! If you arrive at Yerevan International Airport, APY provides transportation from the airport to the hotel to all the participants why arrive to Armenia on the 8th of August.

The participants arriving earlier will be assisted in booking their transportation to the hotel.

The 16th of August is Departure Day. The check-out should be performed after breakfast.

NOTE! You can arrive in Yerevan 2 days earlier or stay 2 days longer to see around or to travel a bit. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.



TICKETS AND REGISTRATION

You should do a small research and purchase the cheapest tickets. The deadline to purchase the tickets is the 7th of July – according to our policy all the tickets should be purchased one month before the training!

NOTE! The ticket should be consulted with us before you buy it. You should consult the tickets with **the Project Manager, Ms. Anna Tovmasyan - annatovmasyan@apy.am.**

She will help you to find the best option. Only after the confirmation, the ticket can be purchased. Please consult her **before July 7.**

Once the participants buy the tickets, they will be asked to fill in an online **Registration Form till 20th of July.** This will help the trainers' team to develop the program that meets the expectations of the participants!

VISA

None of the countries involved in the project need a visa to enter Armenia as it has visa free regimes with all the European Union and the Eastern Partnership countries.

INSURANCE

Travel insurance is obligatory. We and partner organizations will assist you in finding the best option. The costs for travel insurance will not be refunded.



NUMBER OF PARTICIPANTS AND TRAVEL REFUND

COUNTRY	ORGANIZATION	NUMBER OF PARTICIPANTS	TRAVEL LIMITS (EURO)
ITALY	Iniziativa Democratica	3	360 EUR
BELARUS	Liga Dobrovolnogo Truda Molodezhi	2	275 EUR
BULGARIA	Active Bulgarian Society	2	275 EUR
CYPRUS	Youth for Exchange and Understanding	2	275 EUR
GEORGIA	International Centre for Peace and Integration	2	180 EUR
GREECE	United Societies of Balkans (U.S.B.)	2	275 EUR
CHZECHE REPUBLIC	European Youth Centre Breclav	2	360 EUR
MOLDOVA	Europe without Borders ADVIT	2	275 EUR
ROMANIA	Group of the European Youth for Change - GEYC	2	275 EUR
UKRAINE	Institute for Ukrainian Studies	2	275 EUR

100% of the total travel expenses will be reimbursed. Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month given by the European Commission.

NOTE! Please check the travel budget limits above. If travel costs exceed the amount budgeted in the project, the organizers will only be able to reimburse participants the maximum travel costs indicated in the travel budget. You are therefore strongly advised to consult the tickets with us and book your flights well in advance.

Important! According to sustainability regulations of the hosting organization, only the tickets that are bought 1 month before the activity starts can be reimbursed. This means that the deadline to consult us and have your ticket purchased is the 7th of July, 2021.

Reimbursement: All the participants will receive the travel reimbursement through a bank transfer within 3 months after the end of the training course.

IMPORTANT! In order to receive the travel reimbursement, every participant should attach the following documents to the reimbursement form:

Tickets (there must be price and name of the person stated on it).

Boarding passes (in case of loss – please get a confirmation from the airlines, that the flight was taken)

Invoices - yes, even if you have a ticket, our accounting still needs an INVOICE.

Online Check-in should be made before you leave Yerevan to make sure you give Boarding Passes from the way back as well.

ACCOMMODATION AND FOOD

The participants will stay in Yerevan. The name and the address of the hotel will be communicated to the selected participants. Two participants will share a room with a private bathroom.

The hotel will provide all the necessary supplies for participants' comfortable stay – towels, certain amenities, as well as free Wi-Fi.

During all the activities, food will be prepared by experienced cooks, provided at the venue. Three meals and two coffee breaks per day will be provided. The participants will inform the organizers about their dietary needs (vegetarian, vegan, halal food, allergies) in the application form, so the staff can arrange the menu according to their needs.

Moreover, the participants will have an opportunity to get to know the local cuisine of Armenia and traditions of all the participating countries.



COVID-19 MEASURES

Please check the following travel restrictions before your trip:

- Upon entering the territory of the Republic of Armenia via air and land borders travelers will be asked to provide a COVID-19 PCR test certificate with negative results taken within the previous 72 hours.
- The certificate should be in Armenian, Russian or English, include the name, surname, date of birth, and passport number of the examined person, printed on the official letterhead of the medical institution conducting the test, identifying all contacts of the organization, test result, signed and sealed by the head of the medical institution.

Safety measures during the Training Course:

- We will make sure that the common areas at the hotel have hand sanitizer and water dispensers;
- We will open the windows every 15 minutes to let the fresh air in the room;
- We will have the thermometers, face masks and sanitizers at the hotel;
- We will replace the activities that include hugging and physical contact.

DEADLINES

June 25th – The participants are chosen by the sending organizations.

July 7th – The tickets are bought by the participants.

July 20th – The Registration Forms are submitted by the participants.

August 1st – The arrival list and the airport pick up information is sent to the participants.



WEATHER IN ARMENIA

The average high-temperature, in **August**, is **33.4°C (92.1°F)**, while the average low-temperature is **18.8°C (65.8°F)**. The average heat index (a.k.a. 'real feel', 'feels like'), that factors the actual air temperature with the relative humidity, in August is appraised at **36.2°C (97.2°F)**.

More info: [link](#).

CURRENCY IN ARMENIA

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/MasterCard credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets. No passport is needed to exchange money. Here is the link where you can find the exchange rates in different currencies and in different banks in Yerevan: [link](#)



SEE YOU IN ARMENIA!!!