

YOUTH EXCHANGE

ISLANDISM

Empowering Participation Through Tradition

24-31 OF AUGUST 2021

Pedoulas - Cyprus



WELCOME TO ISLANDISM !

It is with great delight to announce, that we are getting
closer to the Youth Exchange

“ISLANDISM: Empowering Participation Through Tradition”.

We are ready to host 40 participants from 6 different countries
(Cyprus, France, Greece, Spain, Italy & Portugal).

ABOUT:

With this project we target to empower young marginalized people to be more active citizens through the importance of the tradition that comes from small communities such as islands, and improve their sense of belonging to the European family by examining some problems the participants face in their communities.

Through this exchange we are aiming to spread the tradition of different islands that could be forgotten due to their size and location, and offer a common space of debate and exchange of ideas to enhance the quality of living of young people who live on islands. This project will enhance participants' skills in various themes related to social inclusion, active participation, creativity and communication skills.

HOSTED BY YEU CYPRUS

YEU Cyprus stands for **Youth for Exchange and Understanding**, it was established in 1995 as a NGO, aiming to **foster closer cooperation and better understanding among the young people** of the world by **exchanging** information, experiences and ideas, on cultural, educational and social issues. YEU Cyprus is affiliated with **YEU International platform**. It is a full member of Cyprus Youth Council - the official coordinating body of Cypriot Youth Organizations. It implements several activities including workshops, field trips and training courses and it organizes and participates in various international and local events to **foster tolerance and mutual respect among youngsters**.



[@yeucyprus](https://www.facebook.com/yeucyprus)



[yeu_cyprus](https://www.instagram.com/yeu_cyprus)



OUR PARTNERS



- ASSOCIAZIONE INTERCULTURALE NUR - **ITALY**
- POLITISTIKI ANAZITISI LESVOU AMKE - **GREECE**
- D'ANTILLES ET D'AILLEURS - **FRANCE**
- Asociación P.O.D. - **SPAIN**
- ASSOCIACAO JUVENIL DA ILHA TERCEIRA - **PORTUGAL**

WHEN?

23-31 of August - 8 days of activities (+2 travel days)

WHO?

5 participants aged 18-30 + 1 group leader with no age limit

WHERE?

The beautiful mountains of Pedoulas, a village in the Nicosia District of Cyprus

** There is no participation fee for this Youth Exchange.*

OBJECTIVES

- For the participants **to learn** about the traditions of their own country but also to get to know the traditions of other marginalised European areas.
- **To foster** active participation and social and civic responsibility in local and European level by engaging young people with EU values through non formal educational activities (tolerance, solidarity, etc).
- **To promote** creativity and innovation as well as digital skills through the use of different software during the production of audiovisual material to promote their tradition.
- **To develop** participants' skills to be able to search and learn about social issues and inclusion.



- To make people more aware of different island challenges and opportunities which will result in the connection of people with different backgrounds from similar geographical situations by improving their active listening.
 - To provide participants with a deepened self-knowledge and develop their communication in English and other foreign languages.
 - To strengthen participants' knowledge of the Erasmus+ Programme and to provide them with a solid network of international partners.
- To foster participants facilitation and leadership skills for non-formal activity through the workshop each national team has to organise during the exchange.



THE LOCATION

Pedoulas is surrounded by pine woods, rich spring waters and cherry trees, the village of Pedhoulas lies in the Marathasa valley, high on the Troodos mountain.

Participants will be accommodated in rooms of 2-3 (**or according to any regulations in regards to COVID-19**), separately for males and females, with a private bathroom. **Accommodation and food is fully covered by the programme.**

The sessions and workshops will take place in a big room at the venue or outdoors with a great view. **The venue is equipped with the necessary first aid kits.**

ACCOMODATION

<https://www.facebook.com/elyssiahotel/>

Pedoulas village is a popular summer resort with a fascinating past. It's history dates back to Byzantine times and during the Frankish and Venetian periods it was a royal estate. Education in the village began officially in 1853 and private schools functioned as early as 1700 A.D. According to tradition Pedoulas' name came from two words, "pediada" which means valley and "las" which means people.



ACTIVITIES / TIMETABLE

| | DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 | DAY 6 | DAY 7 | DAY 8 | | |
|--------------------------------------|---|--|-------------------------------------|-------------------------------------|-------------------------|---|--|---|---|-------|
| | 23/08 | 24/08 | 25/08 | 26/08 | 27/08 | 28/08 | 29/08 | 30/08 | 31/08 | 01/09 |
| A r r i v a l s | Introduction to the programme and getting to know each other! | Participation in our own reality/country ! | Active Participation | Active Listening | Study Visit in Limassol | Albatros | Finalisation of materials | Dissemination of Results & Project Ideas | D e p a r t u r e | |
| | Sharing of expectations and fears & Devising Our Contract | Stereotypes and Prejudice | Active Participation | Exploring tradition of the area | Study Visit in Limassol | Tradition and Active Participation World cafe | Presentation of the materials to the group | Project Ideas for a more Inclusive Future | | |
| | Youthpass | Introduction to Tradition and The Memory Paradox | Presentation of Tradition Country 3 | Presentation of Tradition Country 5 | Exploring Limassol | Production of audiovisual materials | Preparation of the venue | NFE, Erasmus+ program & Delivery of the Youthpass | | |
| Get to know each other | Presentation of Tradition of Cyprus | Presentation of Tradition Country 2 | Presentation of Tradition Country 4 | Presentation of Tradition Country 6 | Exploring Limassol | Production of audiovisual materials | Public Screening in the village! | Final Evaluation | | |
| | I'm unique because...!! | Intercultural Evening I | NGO Fashion Show! | Intercultural Evening II | Free Evening | Free Evening | TedX Evening | See you soon Party! | | |

TRAVELLING TO CYPRUS

In Cyprus, there are **two international airports that you can use; the Larnaca and Paphos** airports. *Be careful since travelling from Ercan Airport cannot and will not be reimbursed as it is not an official airport of the European Union.*

Please, send us your reservation for travel tickets as **soon as you book them** at projects@yeucyprus.org

TRAVELLING TO CYPRUS

22/08/2021 - Arrival day:

You should be in Cyprus **before 18:00** as we will book a private bus to drive the group from Larnaca/Paphos city to the venue.

01/09/2021: Departure day:

We will arrange a private bus from the venue to Larnaca or Paphos airport according to the needs of your flights.

The bus will depart from the venue at 09.00 and it needs one and a half hour to reach either airports. **So, we recommend you to book tickets after 12:00.**

TICKETS & REIMBURSEMENT

- Tickets must be from your country of origin to/from Cyprus.

No other tickets can or will be reimbursed. Transit tickets are also eligible.

- You are allowed to come only 2 extra days before or after the project dates, but accommodation and food cannot be funded.

- Please be in Cyprus on the 22/08 no later than 18:00 since we are going to the venue by a private bus as there is no other way to reach the village.

TICKETS & REIMBURSEMENT

The documents needed to complete your reimbursement:

- Boarding passes (you will NOT be refunded without them!)
- Flight tickets (which include your flight details, your name and the amount)
 - Original bus or train tickets

Documents must be sent within two weeks after the end of the exchange to this address:

YEU Cyprus

27 Ezekia Papaioannou Str., 1075, Nicosia, Cyprus

WHEN ? HOW?

Travel refund to the participants will be done by bank transfer (to the sending organisation's account) collectively for each team of participants, **after all the travel documents will be received by YEU Cyprus.**

The reimbursement will be made **within two months following the end of the project after we receive all the relevant documents from the participants.**

WHAT TO BRING

- Laptops and cameras (at least one per country)
- Something unique from your country (food and/or pictures/maps etc.) to share at the intercultural evening.
- Your own towel
- Material from your NGO so that you can present it in the NGO fair
- Plugs adapters to the British style (3 pins).
- Any medicine you might need and the **European health insurance card**.
- All your boarding passes and invoices of the purchase of your tickets.
- Your smile and good will to work constructively with everyone 😊

HOMework ;)

Each national team will have 1,5 hour to present to the rest of the group something related to their tradition. It can be a dance, craft or food.

(if it does not require much action kitchen-wise).

Leaders should inform us about the workshop and materials they will need two weeks before the YE.

This will be performed/presented during the public event.

* what you will present to the group should be related to a tradition which is not common in any other country and has an impact to your local community.

TRAVEL EXPENSES - BUDGET PER COUNTRY

| COUNTRY | PARTICIPANTS | AMOUNT (EUR) per participant |
|----------|--------------|------------------------------|
| CYPRUS | 10 | 20 |
| GREECE | 6 | 275 EUR |
| SPAIN | 6 | 820 EUR |
| PORTUGAL | 6 | 820 EUR |
| FRANCE | 6 | 1500 EUR |
| ITALY | 6 | 360 EUR |
| TOTAL | 40 | |

** 30 euros for each participant will be deducted from their initial budgets for the bus to and from the venue. The meeting point will be in a central and accessible point that will be announced after we collect all the tickets.*

COVID-19 INFORMATION

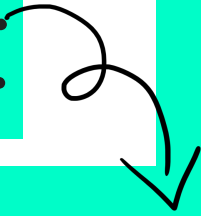
➤ Currently in order to enter Cyprus, participants will need to undergo a PCR test within 72 hours prior entering the Republic. The cost of the tests will be covered. All selected participants will be updated on measures prior their trip.

➤ Prior entering Cyprus all participants will need to apply for CyprusFlightPass within 24 hours before the commencement of travel from the Country of Origin to the Republic of Cyprus (either direct flight or via intermediate Countries). You can find the form here: <https://cyprusflightpass.gov.cy/>

➤ The organisation will comply to all prevention measures issued by the Government of Cyprus at the specific timeframe.

➤ All participants & partners will be kept updated prior to their arrival with all health & safety protocols.

APPLY HERE:



https://docs.google.com/forms/d/e/1FAIpQLSfTYTUnIRqwPs4e2izX8HFFdOJ4E1t3mXhE-hn06zJYH1iZ_w/viewform

DEADLINE FOR APPLICATIONS: 10TH OF JUNE 2021

EMERGENCIES

If you face any problems before meeting us, please, do not hesitate to contact us:

+357 99 573646

projects@yeu-cyprus.org