



Co-funded by the
Erasmus+ Programme
of the European Union



TRAINING COURSE

Make your voice HeaRD
13-19/07/2021, Greece



Youth workers as
influencers for the
promotion of Human
Rights and Democracy



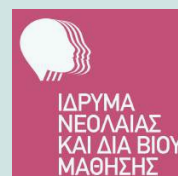


About the project

”Make your voice HeaRD” is a Training Course for motivated youth workers and leaders who want to develop knowledge, skills and competences in the field of **online activism, focusing on the field of Human Rights.**

The project introduces concepts of digital youth work and online activism. Furthermore, it supports Youth Workers in their media literacy, so that they can design and implement influential initiatives in their own communities.

The idea for this project generates as a follow-up from a previous training course run by United Societies of Balkans, “Storytelling for Human Rights – National Training Course for Youth Workers” in Greece, co-funded by the Council of Europe.



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MEET THE USB TEAM

United Societies of Balkans (U.S.B.) is a non-profit, nongovernmental organization based in Thessaloniki, Greece working in the field of youth mobility, participation and facilitating youth awareness about social issues. It was founded in 2008 by the inception of a group of active young people who wanted to address the social issues which affect the youngsters in the Balkans and Eastern Europe. Key areas of the organization's activities concern the defence of human rights, the organization of youth related projects such as youth exchanges and training courses, which can bring young people from Balkans and Europe together, and the organization of local interventions, seminars and multimedia productions.



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PARTICIPANTS PROFILE

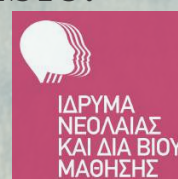
For this project we are looking for participants (18+) who are Youth Workers, leaders and other professionals, working in social or education context. Every organisation will send 3 participants and the participating countries are Cyprus, Greece, Hungary, Netherlands, Poland, Romania and the Republic of North Macedonia.

TRAVEL ARRANGEMENTS

Participants are expected to make the cheapest travel arrangements available to Thessaloniki. Travel costs will be reimbursed until the budget limit, set by the Erasmus+ Programme, based on the real costs of the tickets.

Reimbursement will be done by bank transfer only after all participants send their **original boarding passes, receipts, invoices and tickets** to the organisers by post and via e-mail (original & scanned versions) to finance@usbngo.gr

So try to be responsible!



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ARRIVING IN THESSALONIKI

In order to arrive in Arnaia, first, you should go to **Thessaloniki**. One week before your arrival, USB will contact you and your group to give you directions on where exactly in Thessaloniki you should go in order to get picked by the bus to Arnaia.

The **bus to Arnaia** will be private and it will depart from a point which will be convenient for all the participants. The departure time will be adjusted to the group that arrives last. The private bus will bring you directly to the facilities of the Environmental Education Center of Arnaia, where you will be accommodated.



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WELCOME TO ARNAIA



Arnaia is a traditional town in Chalkidiki of Greece with plenty of running water and surrounded by lush forests. At a distance of 15 km from Arnaia is Stagira located, the birthplace of philosopher Aristotle.

Arnaia is distinguished for the mastery of its inhabitants in textile art. The main occupations of the inhabitants are beekeeping and the products (honey, wax, royal jelly, tsipouro) are available at local gas stations.



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COSTS

Accommodation and food expenses are fully covered. Travel expenses will be reimbursed up to the following amounts for participants from

Greece up to **20€**,

The Republic of North Macedonia **180€**,

Cyprus, Hungary, Netherlands, Poland and Romania up to **275€**,

**KEEP ALL YOUR BOARDING PASSES AND RECEIPTS
IN ORDER TO RECEIVE THE
REIMBURSEMENT!**



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FOOD

Participants are going to receive their 3 meals per day in local restaurants, having the opportunity to try Greek traditional dishes. Moreover, We will pay attention to participant's special dietary requirements or allergies and provide food accordingly.

INTERCULTURAL EVENINGS

Please bring with you some local products (drinks, food etc.), dances or themes to present your culture. Try to present it in a non-formal way and BE CREATIVE!

ACTIVITIES VENUE

The training sessions and workshops will take place in the premises of the Environmental Educational Center of Aranaia.



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FURTHER INFO AND CONTACTS

All participants are going to receive the Youthpass Certificate after the implementation of the project (<https://www.youthpass.eu/en/>)



More info as well as the activities programme will be given to the selected participants.

For any question regarding to the project, please contact us to:



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