

Become one of the

SCHUMAN

VOLUNTEERS

and start your European journey with us!

The Polish Robert Schuman Foundation is searching for **17 volunteers** who would like to join our European Solidarity Corps project "**Schuman Solidarity Crew**" from **October 2020 to June/August 2021 in Poland**.

Volunteers will be hosted in **8 different hosting organizations**:

- ✓ 2 special kindergartens for children with disabilities (Warsaw),
- ✓ special kindergarten for visually impaired children (Warsaw),
- ✓ regular kindergarten for children with special nutritional needs (Warsaw),
- ✓ primary school with integrative classes (Warsaw),
- ✓ Association of Developing Children's Activity "Chance" – ngo focusing on providing best possible development, increasing the educational conditions for children and raising the quality of work in early childhood education (Warsaw),
- ✓ European Integration Club at the School Complex in Wojkowice – non-formal European education for members of European Integration Club and school students (Wojkowice in the Silesian region),
- ✓ The Polish Robert Schuman Foundation in Warsaw.

This project is a part of a 3-years long volunteering partnership coordinated by the Polish Robert Schuman Foundation. Detailed description of the organizations, volunteers' tasks and dates of mobilities below.

SCHUMAN



WHO ARE WE SEARCHING FOR?

Volunteers aged between 18 and 30 years, legally residing in one of the participating and partner countries. We seek a balance of varied ages, genders and nationalities amongst our volunteers. All candidates must be registered in [European Solidarity Corps database](#).

No specific knowledge, skills or experience is required as the necessary ones can be acquired during the project. We are not looking for experienced volunteers but those who would learn a lot during the service in a particular hosting organization and are strongly motivated.

Apart from personal motivation of volunteers our requirement is volunteers' strong will of learning Polish language after selection procedure successfully ends. We need selected volunteers to know a few crucial phrases. Why is this important? Because they will work with children with disabilities and youth, which often do not speak English well or any other language.

HOW TO APPLY

We ask each candidate to send us filled our **APPLICATION FORM**. Candidates can add other documents/personal presentations/ videos/photos/motivation letters to the application form, if they want but please know that applications without our form will not be taken into consideration. The recruitment procedure will take place through European Solidarity Corps portal.

Please send applications to: volunteering@schuman.pl. In the title please write: APPLICATION 2020. We will contact the candidates with best applications and arrange skype/phone interviews until end of March 2020. The deadline for applications is 8th March 2020.

COMMON ACTIVITIES

To integrate all volunteers, apart from activities in particular hosting organization, common activities for all Schuman Volunteers will be organized. All Schuman volunteers:

- ✓ will write **blogs** dedicated to their experience in the form of articles, photographs, audio/video materials. If you secretly dream of becoming a published author – you are in luck! Each month the volunteers write (at least) one article about their volunteering experiences in Poland. These posts are published on the Foundation's website and/or Facebook. Blogs of previous and current volunteers you can find on the website www.schumanvolunteers.pl,
- ✓ will organize **local activities** – workshops/activities in cultural centers, libraries and ngos to share intercultural experience among people from small societies. They will present their countries, cultures, share volunteering experience and promote European Solidarity Corps during workshops/activities addressed to youth, people with fewer opportunities, seniors,
- ✓ will take part in the preparations of the **Schuman Parade & Schumanville**, events organized by the Schuman Foundation to celebrate Europe Day in the center of Warsaw. Volunteers together with their hosting organizations and the Schuman Foundation will plan & organize one tent in Schumanville devoted to European volunteering & raising awareness about the needs of people with disabilities,
- ✓ will take part in **“internal on-arrival training”** organized by the Schuman Foundation. The first days followed by volunteers' arrival to Warsaw will be spent altogether, not in particular hosting organization. Schuman Foundation will prepare integration activities, trainings and will deal with some organizational things,
- ✓ will participate in **monthly meetings**. Once a month all Schuman Volunteers living Warsaw (and sometimes also those in Wojkowice) will have a meeting in the Foundation and occasionally outside the Foundation to evaluate last month, prepare common activities and just integrate.

PRACTICAL ARRANGEMENTS

Pocket money: each volunteer will get the amount of 4 € per day, so about 120€ (in Polish currency – Polish złoty) per month – in cash or by a bank transfer (if they open a bank account in Poland).

Food allowance: each volunteer will receive about 100 € for food per month

Local transport: transport cards are provided – for volunteers in Warsaw a card for area 1 (strefa 1) is provided. The city has 2 areas of transport, however area 1 includes all main districts of Warsaw. In Wojkowice the volunteers will receive a travel card for all Silesian agglomeration. Small cities like Bedzin and Wojkowice are interconnected so when you go by bus you can hardly notice when one city ends and another begins.

Accommodation: The Schuman Foundation will provide accommodation for the volunteers – the volunteers will share flats. The apartments will be rented by the Foundation for the entire time of volunteers' mobilities and are equipped with all necessary utilities. Volunteers are obliged to keep the flat clean :) In Warsaw volunteers will live in 3 apartments. Up to 6 volunteers share the apartment. Often volunteers share a bedroom with another volunteer. Volunteers hosted at Wojkowice will live in Będzin, a town close to Wojkowice. It takes about 30 minutes to get from the flat to the school by bus. In Wojkowice 2 volunteers will share a flat, each will have own bedroom.

Living costs (cost of water, electricity, internet, etc.) will be covered by the Schuman Foundation with a limit up to 90-110 złoty per month per person (depending on the flat and heating season).

Language support: language course at a language school will be organized – for the first 2-3 months, 1,5 hour twice a week.

Polish phone card: will be provided by the Schuman Foundation :)

Insurance: Volunteers from the European Union are obliged to have European Health Insurance Card, if possible. If not, they are required to have a confirmation that they are not authorized to receive one. The volunteers will be also enrolled to insurance plan at CIGNA insurance company, which is valid only if EHIC is not applicable.

Travel to&from mobility: the costs are covered up to limits of the European Commission based on the travel distance:

- ✓ For travel distances between 10 and 99KM: 20 EUR per participant
- ✓ For travel distances between 100 and 499 KM: 180 EUR per participant
- ✓ For travel distances between 500 and 1999 KM: 275 EUR per participant
- ✓ For travel distances between 2000 and 2999 KM: 360 EUR per participant

Visa and visa related costs: are covered . The Foundation & Supporting Organization will help to obtain the visa (if needed) and register in Poland. The Schuman Foundation will reimburse the costs of visa after volunteers' arrival.

Medical tests: volunteers hosted in kindergartens and school with integrative classes will have to undertake sanitary medical tests, as it is required by polish law. The Schuman Foundation will cover its' costs and assist in the process.

The Polish Robert Schuman Foundation

OID number: 065927-ORG-00001

Project duration **5.10.2020-31.08.2021**

We are searching for: 2 volunteers

The Polish Robert Schuman Foundation is an non-profit organization which focuses on strengthening the civil society, supporting active citizenship, promoting European integration and fostering European values. We use non-formal and interactive educational methods such as activities in public space, urban games, we organize cultural exchange projects and take part in European voluntary movement, organize conferences, seminars, debates and workshops. Our goal is to present Europe and the EU in a simple and clear manner for specific recipients. We cooperate with many NGO's from the same field, public institutions and with over 400 European School Clubs from Poland and other countries. Our office is located in the centre of Warsaw.

The volunteers will:

- ✓ visit schools and European School Clubs across Poland with prepared by themselves presentations/workshops about Europe & EU, European values and cultural diversity, their countries, possibilities of mobilities in Europe and other topics of volunteers' interests connected with the mission of the project. They are expected to create (with the assistance of their tutor) interactive and engaging activities, using non-formal methods of education,
- ✓ promote international volunteering & European Solidarity Corps by organizing an info point and activities of their interest/choice (for example visit universities, prepare informative materials, podcasts, etc.),
- ✓ work on Schuman Volunteer Press, an informative platform where volunteers collect media reviews and write their opinions on European topics (common activity for volunteers hosted at the Schuman Foundation and European Integration Club in Wojkowice) – the final form of this platform will be decided together by the volunteers with the assistance and guidance of the tutor,
- ✓ assist in current Schuman Foundation's European & civic education projects,
- ✓ volunteers will have space to develop own projects/propose own activities connected with the mission of "Schuman Solidarity Crew" project.



European Integration Club at the School Complex in Wojkowice

OID number: 065927-ORG-00020

Project duration **5.10.2020-02.07.2021**

We are searching for: 2 volunteers



European Integration Club is an informal union of students and teachers interested in the EU and other cultures. The priority of the EIC's activities is intercultural, European and civic education of youth. Within the EIC workshops, school exchanges, debates on European topics are organized.

The Complex of School in Wojkowice provide an offer of general high school education with specializations in psychology, nature and firefighting, law and police force as well as professional education in the field of landscape architecture, aviation technician, geodesy. The students of the school come from Wojkowice as well as other close cities in the Silesian agglomeration.

The volunteers' will support the club in its activities connected to European & intercultural education and organize non-formal language learning activities in English/their mother tongues for high-school students. More in detail, they will:

- ✓ organize individual English/mother tongue conversations with members of the European Club and high school students and help them improve their language skills and increase awareness about their countries, cultures and current EU topics which the conversations will be dedicated to,
- ✓ prepare presentations/workshops about Europe & EU, European values and cultural diversity, their countries, possibilities of mobilities in Europe and other topics of volunteers' interests connected with the mission of the project. They are expected to create interactive and engaging activities, using non-formal methods of education (with the assistance of the tutor) and conduct the workshops for members of the European Integration Club, students of the complex of school as well as for other schools and European School Clubs in the Silesian region,
- ✓ promote international volunteering, for example during long breaks between lessons volunteers can organize activities in the hallway in school. They will have their own "volunteering corner", where they can organize activities for students,
- ✓ work on Schuman Volunteer Press, an informative platform where volunteers collect media reviews and write their opinions on European topics (common activity for volunteers hosted at the Schuman Foundation and European Integration Club in Wojkowice) – the final form of this platform will be decided together by the volunteers with the assistance and guidance of the tutor,
- ✓ volunteers will have the possibility to assist youth workers at local youth club for youth with difficult social backgrounds "Tlen", cooperate with a local primary school and kindergarten,
- ✓ volunteers will have space to develop own projects/propose own activities connected with the mission of "Schuman Solidarity Crew" project.



Association of Developing Children's Activity "Chance"

OID number: 065927-ORG-00023

Project duration **5.10.2020-31.08.2021**

We are searching for: 2 volunteers



Association of Developing Children's Activity "Chance" carries out various activities mainly for the local community of Ochota district of Warsaw. Their mission is to "support the development of the kid and family". "Chance" tries to inspire parents, teachers, organizations, institutions to create the best conditions for the comprehensive development of children, increase the educational conditions for children and raise the quality of work in early childhood education.

Association is taking action on education projects, prevention, educational and training programs for different target groups – children, youth, teachers, students, parents, volunteers. In this field, to encourage a strategic system change "Chance" cooperates with state and local authorities. Every year they organize all kinds of preventive-educational summer camps. Annually, they work with about 200 children.

Volunteers will:

- ✓ support the trainers in organizing everyday activities (workshops of cooking, English, music, motor-sensory etc.) – support in organization, conducting and enriching with volunteers' own ideas;
- ✓ help to prepare materials for workshops;
- ✓ present the culture, tradition, cuisine of their country of origin using non-formal learning methods;
- ✓ participate in preparations of the annual events for the local community of Ochota district (family picnics etc.);
- ✓ contribute new ideas and prepare different activities for all age groups and implement them later on (under guidance of tutors);
- ✓ assist at the office of HO (participate in meetings, document management, handling correspondence etc.).





Special Kindergarten 393

OID number: 065927-ORG-00013

Project duration 5.10.2020-02.07.2021

We are searching for: 4 volunteers

Special Kindergarten number 393 in Warsaw is an educational institution for children with physical and intellectual disabilities (cerebral palsy, genetics definitive, down syndrome etc.). There are 30 children from 2,5 to 8 years old divided into 4 groups. Some children are able to walk and some are able to communicate verbally but some need help with all basic movements and operations. The pedagogical team is supported by specialists that lead different therapeutic activities like speech therapy, sensory integration, physiotherapy etc.

The volunteers' main task will be to:

- ✓ participate in the classes and workshops (group and individual activities with children in various age groups), help the staff in everyday routine. They will help changing children's clothes, feeding the children or help them eat their meals, go to the toilet. Each day is organized in systematically way, as it is required by children. Everyone starts day with greeting section when the whole day schedule is presented in interactive way using AAC methods (augmentative and alternative communication).
- ✓ propose their own activities for the group. There is a special kindergarten plan which educators must follow but there is also some space for volunteer's own creativity – they can adapt theatre instead of reading to children or exercising their artistic talents while preparing materials & scenery for kindergarten plays, seasonal holidays etc.
- ✓ suggest educational group activities and/or individual work process for one child, all under supervision of an educator.
- ✓ learn about different methods of working with children with various disabilities. They will have a chance to see therapeutic meetings, learn about adapted computer programs and didactic tools. Through cooperate with specialists in everyday classes and therapies, they will be able to gain professional knowledge and insight into working methods.
- ✓ assist in walks and visits outside of the kindergarten. Most of the children are not able to move or walk, but of course some outdoor activities will be organized. For example walks in the park (with a help of wheelchairs), visiting the theatres, visiting neighbor kindergartens etc.





Special Kindergarten 245

OID number: 065927-ORG-00008

Project duration 5.10.2020-02.07.2021

We are searching for: 2 volunteers

Special Kindergarten number 245 takes care of visually impaired children from 3 to 6 years old. There are 40 children with various visual defects divided into 4 age groups. It's important to recognize that children in the kindergarten are not sightless, though all of them have some serious vision problems.

Kindergarten provides regular activities such as musical lessons, gymnastic, art, dancing, English classes but also special treatment for children who have been diagnosed with different visual defects. Children under professional supervision perform everyday exercises using specialist equipment. Kindergarten also provides professional psychological, logopedic and educational therapy.

The volunteers' main task will be to:

- ✓ assist during the teacher-managed group classes or individual lessons. Volunteers will get specific guidelines and training to prepare them to work with children with disabilities.
- ✓ help teachers in conducting workshops and classes for children in different age groups.
- ✓ take part in therapies and professional lessons with experts.
- ✓ help kindergarten's staff in daily routine with typical self-care activities, such as personal hygiene, eating and dressing, midday nap.
- ✓ provide additional activities like presentations of their countries, thematic days, celebrations of holidays, local events for parents.
- ✓ prepare ideas how to improve or develop existing activities and conduct them with teachers. Time for playing is the time volunteers are welcome to propose their own activities like handcrafts, musical workshops, reading books. They can implement their own solutions and ideas with acceptance of the teacher.
- ✓ Assist during visits and activities outside of the kindergarten like going out to cinemas, theatres, museums etc.



Special Kindergarten 213

OID number: 065927-ORG-00005

Project duration 5.10.2020-02.07.2021

We are searching for: 2 volunteers

Special Kindergarten number 213 in Warsaw is an educational institution for children and youth with physical and intellectual disabilities. There are 47 children and adolescents (from 3 to 25 years old) divided into 8 groups. All participants are children with disabilities accompanied by other developmental disorders, e.g. autism, genetic diseases, behavioral disorders and physical disabilities. The pedagogical team is supported by specialists that lead different therapeutic activities like speech therapy, sensory integration, physiotherapy etc. The kindergarten works at different times (there are groups working only in the morning and groups working only in the afternoon).

The volunteers' main task will be to:

- ✓ help in two different groups of children – 1 group of children with autism between 4-6 years old and 1 group of children with physical and intellectual disabilities. Each group is up to 6 children which creates an opportunity for establishing individual relationship during individual lessons, therapies.
- ✓ accompany teachers and experts with special activities like physiotherapy, sensory integration, fairytale integration, language therapies. Take a part in integration and didactic activities in group activities.
- ✓ propose own ideas on how to develop existing activities or create new ones for children. With teacher's help volunteers will add new content to weekly schedule. They will prepare presentations about their home countries or thematic days/weeks to promote culture of their origin.
- ✓ assist staff in their activities connected with daily routine: morning greetings, planning whole day using AAC methods (augmentative and alternative communication), assisting during the meals or feeding children, assisting children while going to the bathroom.
- ✓ occasionally go out with children to theaters, cinemas, parks or visit partner schools institutions. Once a year in spring time group of children visits seaside for holidays and volunteers will be asked to join them and help during this trip.



Kindergarten 146 for children with special diet requirements in Warsaw

OID number: 065927-ORG-00002

Project duration 5.10.2020-02.07.2021

We are searching for: 1 volunteer

The Kindergarten no. 146 is a public educational centre in the Mokotów district of Warsaw and it has been designated to provide for children with special nutritional needs, which is ensured by the in-house dietician. Kindergarten provides a lot of extra activities for children in very well equipped classrooms & outside of the building in a big, beautiful garden. The goal is to ensure that the children are raised in a friendly and supportive environment, so that they can become and open-minded young people.

There are 5 age groups in the kindergarten (2 groups for 3 years old children and one group for each – 4, 5 and 6 years old children). For the first 2 months volunteer will be offered to get to know the specifics of working in each of these groups. After this period volunteer will decide in which group the activities are the most interesting and challenging for them and will start working in a selected group. After some time there will be a possibility for them to change the group once again if they will wish to.

The volunteers' main task will be to:

- ✓ support the teachers in organizing educational activities & preparing materials and activities for special events.
- ✓ assist the children in everyday activities and help them with dressing, meals, toilet.
- ✓ learn about special dietary requirements for children, healthy diets and lifestyle.
- ✓ present the culture, tradition, cuisine of the country of origin of the volunteer by making presentations prepared together with the teachers from the kindergarten.
- ✓ help in the preparation of the annual or specific activities/events for parents and children (e.g. festival of tulips, international day of selected country, grandmother/grandfathers' day, celebration of holidays).
- ✓ contribute new ideas and prepare specific exercises for the whole group with a support of the teachers, such as musical workshops, handcrafts etc.
- ✓ accompany the group, help and support teachers during trips outside the kindergarten (e.g. theatre, zoo).





Primary School with integrative classes no 318

OID number: 065927-ORG-00010

Project duration 5.10.2020-02.07.2021

We are searching for: 2 volunteers

Primary School number 318 is dedicated to children aged 6-14 and focuses on integration of kids with special needs and their emotional and social development. The school runs special integrative classes that are dedicated to kids with disabilities (autism, Asperger syndrome, physical disabilities, aphasia etc.) who can attend classes alongside other pupils without special needs. To support children with disabilities, school provides extra classes like: sensory integration, social skills training, psychoeducational classes, speech therapy and individual lessons.

Most of the kids from school spend their free time in a day-room, where school provides daily activities including art workshops, reading workshops, integrative and psychoeducational games, physical plays, individual work with kids if it is needed.

The volunteers' main task will be to:

- assist and propose their activities for children (including children with special needs) in the school day-room.
- co-organize short art, sport handcraft, music, movement and/or language activities/workshops for groups of children in classes 0-5.
- participate in individual sensory integration sessions, psychoeducation, revalidation, speech therapy to get to know working methods with children with different disabilities.
- help pupils with less educational opportunities to prepare for classes and assist them during everyday activities.
- participate in organizing special events & trips outside the school to cinemas, theatres, neighbor kindergarten etc.
- contribute new ideas and prepare specific workshops for different classes with the support of the teacher like games & quizzes, sport activities, workshops about volunteer's country and culture etc.



COORDINATING ORGANIZATION



Polska Fundacja im. Roberta Schumana will coordinate all the volunteers, will be responsible for coordinating the project, financial management etc. Foundation's office is located in Al. Ujazdowskie 37/5, in the heart of Warsaw.

The European Solidarity Corps team: Joanna Zalewska, Joanna Jendrońska, Iga Kamocka
email: volunteering@schuman.pl
phone: +48 22 621 21 61



