



# INFOPACK



**23 October - 01 November**  
**Milcoveni, Romania**





# WHAT IS THIS YOUTH EXCHANGE ABOUT?

Our aim is to provide a more complex picture about how democracy (should) work in daily life, what it means to be active citizen, and how the young people can become a conscious, active part in their society. We would like to make the participants to be more aware about their rights and in Human Rights in general, to help them become socially engaged and to feel more European.

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## AIMS OF THE PROJECT

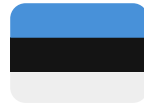
- To inform and raise the participants' awareness about human rights and active citizenship
- To develop the participants' competences and skills on critical thinking, social and cultural competences, cooperation, sense of initiatives and communication in foreign language.
- To encourage them to think about social issues and not be afraid to share their opinion, thereby make them active part of their societies.

# OVERVIEW

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The youth exchange will be implemented with the involvement of 42 participants (36 young people and 6 group leaders) from Romania, Estonia, Turkey, Hungary, Italy and Cyprus.



During the 8 working days, the used methods will be based on non formal education, such as: forum theatre, simulation, debate, team work, World Cafe, team building, intercultural nights and reflections.

## WHEN? | WHERE?

23 October

–

01 November  
2019

MARABU CAMP  
Milcoveni, Romania

## FOR WHOM?

Young people aged  
between 16-25,  
coming from rural  
areas and/or  
having  
disadvantaged  
background

## GROUPS

6 young people and 1  
group leader from each  
country



# THE VENUE



## Marabu Camp in Milcoveni

The venue of the project is Milcoveni village. Participants will be accommodated internationally mixed in rooms of 4-8 beds with own bathroom. There is an equipped training room, a wooden "shelter" for activities, leisure space, a restaurant, where locally made meals (3 times a day) and 2 coffee breaks will be served.







**Training room**



**Wooden shelter  
for activities**



**Big yard**





**Bunk beds**



**Private  
bathrooms**





**Locally made**  
(traditional and "international")  
**meals**



**Campfire**  
**place**



**Dining room**



# WHAT WILL HAPPEN?

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## Step 1 preparation

Each group have to organize preparation meetings, where:

- They meet the sending organisation
- They will be informed about general info on the program, venue, Erasmus+ etc.
- They prepare their own activities which will be implemented in the program.

## Step 2 youth exchange

The 8-long day program is focusing on active citizenship and human rights.

THE ACTIVITIES WILL BE PREPARED AND HELD BY THE PARTICIPANTS

## Step 3 follow-up

After the exchange, the groups will organize presentations in their communities to promote youth participation at local level.



# TIMETABLE



	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
	23 Oct.	24 Oct.	25 Oct.	26 Oct.	27 Oct.	28 Oct.	29 Oct.	30 Oct.	31 Oct.	01 Nov.
08:30 - 09:30	Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:30 - 11:00		Name games	Team building	Our society	Human Rights	Civic and youth participation	Meeting with the local council of Oravita	Preparing Handbook and video	Presentation of the Handbook and video	Departure
		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	
11:30- 13:00		Introduction	Erasmus+	Active Citizenship	Human Rights	Civic and youth participation		Preparing Handbook and video	Follow-up and dissemination plan	
13:00- 15:00		Lunch + Free time	Lunch + Free time	Lunch + Free time	Lunch + Free time	Lunch + Free time	Lunch in the city	Lunch + Free time	Lunch + Free time	
15:00- 16:30		Expectations...; Rules	8 key competences	Active Citizenship	Human Rights	Democracy	City visit	Preparing Handbook and video	Final Evaluation	
		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
17:00- 18:00		Team building	Youthpass	Active Citizenship	Human Rights	Democracy	City visit	Preparing Handbook and	Final Evaluation	
18:00- 19:00		Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Youthpass ceremony	
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:00	Welcome evening	International night I.	International night II.	Camp fire	Movie night	Evening organised by the participants	Camp fire	Evening organised by the participants	Farewell and Halloween party	



# TRAVEL

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## By plane/train/bus:

You have two options for arrival place: Timisoara (airport, train-or bus station) or Belgrade (airport, train-or bus station) from where we will pick the groups up and take you to the venue by mini vans and cars.

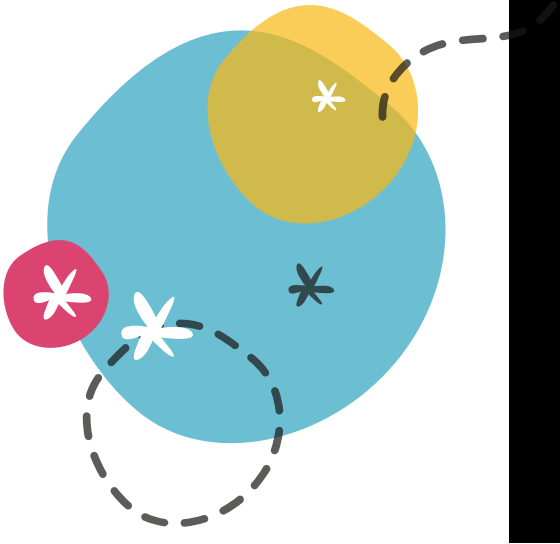
## By private bus:

If a group rent a private bus, you will arrive at the venue directly.

Location: Milcoveni, Caras-Severin County. The first building in the village.

(It is such a small village, that they don't have street names)

GPS Coordinates: 44°59'54.4"N 21°27'10.7"E



# COSTS



Accommodation, food and materials during activity days are fully covered by Erasmus+ Programme.

Travel costs will be reimbursed when all the travel documents are delivered to the host NGO according to Erasmus + rules.

## What documents do we need?

Invoice/e-ticket, boarding pass, local transport tickets and **!bank statement as proof of payment!** (requested according to the Romanian Financial Law)



Country	Distance band	Limit/participant
Romania	10-99 km	20€
Hungary	100-499 km	180€
Turkey	500-1999 km	275€
Estonia	500-1999 km	275€
Italy	500-1999 km	275€
Cyprus	500-1999 km	275€



Please have in mind that we will cover the transfers from Timisoara or Belgrade from the total amount of grant/participant. Costs of transfers: 40€/return/pers.

Also, we will reimburse the travel expenses only up to the limit.





# **USEFUL INFO**

## **Currency**

In Romania the currency is RON, we do not use Euro.  
The exchange rate is around 1 EUR = 4.75 RON.

**! NOTE !** In Milcoveni there are no exchange offices or ATMs, and you cannot pay by card in the shops, so we suggest you to exchange money before your trip.

## **Health Insurance**

To have EHIC (European Health Insurance Card) or other type of health insurance is mandatory for all participants.

## **Weather & clothing**

End of October is chilli in Romania. We expect 10-15 degrees during the days, and 2-5 degrees in nights. Sun and rain can be changed day by day.

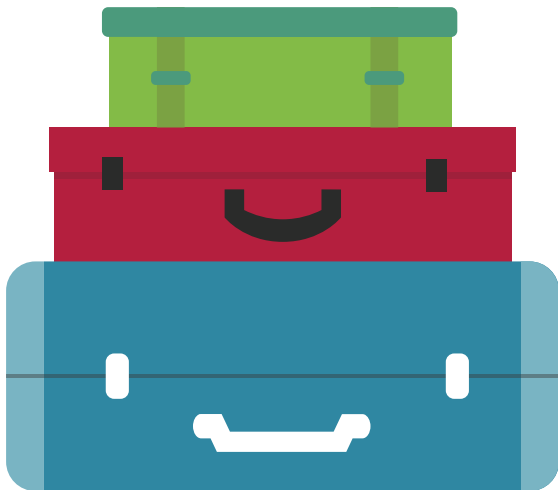
Check the weather forecast before the arrival day and prepare your clothes accordingly - we suggest you to take warm clothes, jackets, scarfs and closed shoes.

# WHAT TO BRING WITH YOU?

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- European Health Insurance Card (and ID card/passpoert, of course )
- Towel and slippers
- Comfy and WARM clothes according to the weather
- Medicines according to your health and needs
- Personal hygiene supplies
- Food and national specialities for the international evening



## HOW TO APPLY?

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For application process, please contact your sending organisation. See the contacts on the next page

# PARTNERS

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## - ROMANIA -

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