

## Infopack for you!

### C.T.S.: Centro Trentino di Solidarietà

#### Dear applicant!

Thank you for your interest in our project! In this little document you can find all the information which can be useful before applying. If you have any questions, please, email us ([evs@incoweb.org](mailto:evs@incoweb.org)) !

**Receiving organisation:** CTS (<http://www.citiesse.org/>)

#### Some words about Trento

Trento is the capital city of the autonomous province of Trentino Alto-Adige, situated in the Adige river valley in North Italy. The city has a

population of around 120.000 inhabitants excluding the periphery layouts and is a major educational, scientific and political centre with sheltering the University of Trento which is ranked among the best universities in Italy and in Europe. Having the advantage of being a university city, Trento enjoys a number of student oriented cultural activities also at an international level.

Trento is well-connected to the neighbouring cities through railway, among others, Verona in about one hour, Bolzano in 40minutes and Vicenza in 1,5hours. Within easy commute, also, is located the Caldonazzo Lake and the famous Garda Lake which can be reached in about 1,5hours from Trento. The city has a picturesque Medieval and Renaissance historic centre, with typical ancient buildings and touristic attraction points such as the Trento Cathedral and the Castello del Buonconsiglio.

Casa Lamar del CTS



**Please bear mind that though there is a lot of students in Trento, they are here to study and there is not a lot of Movidà, no disco, and bars close at midnight :-)**

#### Some words about the Receiving Organization

The “Centro Trentino di Solidarietà” – CTS, was funded in 1984 and was dedicated exclusively with the problem of heroin addiction, opening a residential community. During the following years, there was an evolution of the problem to new kinds of addiction and a significant increase of the phenomenon of alcoholism in local area; with those complex patients, it was necessary to change and specialize the ways and means of intervention. There was then established a therapeutic project.

By redefining the objectives of treating multi-problem patients, there was established a residential project, named “Casa Giano”. This house deals specifically with people who suffer from both pathological addictions (in particular from substances), and co-existing phsycological problems. The project is divided into three modules: First reception; Supporting community; and Re-integration to society. Casa Giano is located in Vezzano (TN) - 20 minutes from Trento - and currently accommodates 30 people. To have more information about the structure, we invite you to visit the website (in Italian, with pictures): <http://www.citiesse.org/casa-di-giano.html>

Since the year 2000, CTS also operates a hosting house for people with AIDS (“Casa Lamar”). This structure provides assistance to guests throughout the day, offering a friendly safe and organized environment; a healthy food and comfortable accommodation besides the opportunity for healing and growth in a human, cultural and spiritual point of view. Casa Lamar is located in Via Alto Adige n. 20, Trento, and there are currently nine persons using these services.

The therapeutic communities of CTS are accredited by the Department of Health of the Autonomous Province of Trento. All units are recognized in the Regional Authorities of prevention, treatment and rehabilitation of people addicted to substances. The association is also in convention with the Ministry of Justice being furthermore a member of the Italian Federation of Therapeutic Communities and the Italian Coordination of Hosting Accommodation.

Besides the therapeutic community, CTS manages a Counseling Center and a Center for Research and Study. The first one offers high quality services in the prevention and treatment of psychological distress and is aimed for people whose lives are direct- and indirectly related with pathological addiction problems, family and psychological problems, loneliness, and HIV-AIDS. The Center for Research and Study deals with the cultural planning and its implementation within the therapeutic community in local and national levels. The main objectives of this center concerns the organization of discussion moments and debates between professional staff in order to share experiences, as well as update training on new emergencies in the field of addiction.

The Centre have qualified staff: psychiatrists, psychologists, psychotherapists, sociologists, nurses, educators, and socio-health workers. There are currently 28 employees distributed in the following roles: 1 psychiatrist, 2 nurses, 2 psycho-therapists, 1 sociologist, 2 secretaries, 9 health workers, 14 educators

**Proposed activities.** The volunteers will be involved in the activities of Casa Lamar and will do the following activities:

- Accompany the guests for promenades (accompagnare gli ospiti per delle passeggiate)
- Organisation of cineforum (organizzazione di Cineforum)
- Involvement in the activities of the house (cooking, gardening, housework, etc.)  
(Coinvolgimento nelle attività della casa come ad esempio cucinare fare giardinaggio, fare le pulizie)
- Organisation of recreational activities (organizzazione di attività ricreative)
- Organisation of parties, dinner with crime and other public events (Organizzazione feste, cene con delitto e altri eventi pubblici)



### **Food and accommodation**

The volunteers will live inside a flat with single or shared room in the city of Trento.

Regarding the board volunteers will have the opportunity to have lunch within the communities during their working day.

Regarding the other meals as well as during the weekends, volunteers will have the possibility to take all the food they need to cook in the kitchen of the communities where they work in agreement with the staff so that they can do like shopping to be able to cook autonomously during the week-end and in the evening. Our staff is always available to meet volunteer's needs and to satisfy them when it is possible.

Regarding transportation, volunteers will get a transport card as soon as they arrive. The card allows them to travel for free in the whole Province of Trento. It is important to underline that public transports in the Province work very well.

Volunteers will receive 150,00 € per month as pocket money.

### **Useful links**

Here you can find the website of InCo: <http://www.incoweb.org/eng>

If you would like to know more about the ESC experience, check out the blog of the volunteers: <http://www.incoweb.org/eng/Volunteers-say>