

HUMAN NATURE

Provisional activity program

	1 day	2 day	3 day	4 day	5 day	6 day	7 day	8 day	9 day	10 day	11 day	12 day	13 day	14 day
	16.07.2019 Arriving day	17.07.2019 Meeting day & Hiking day	18.07.2019 - Discovering local peoples	19.07.2019 ECO day (global & ECO day)	20.07.2019 Craft's day (handicrafts)	21/07	22/07	23/07	24/07	25/07	26/07	27/07	28/07	29/07
7:30 08:00		Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast	Morning Yoga (Meditation) Breakfast
8:00 09:00	<ul style="list-style-type: none"> Arrival of participants Preparation of the venue by Ukrainian team Welcoming of the participants / Discovery of the venue / Ice-breaking games Katya 	<ul style="list-style-type: none"> Feedback from hiking trip : All together, participants share with others impressions, pictures and emotions from the walking trip in the surrounding area. What they discover, what they loved, maybe also what they feared, disliked or don't understand. My "Travel book" : Each participant receive a notebook they will use all along their Exchange. 	<ul style="list-style-type: none"> Feedback from hiking trip : All together, participants share with others impressions, pictures and emotions from the walking trip in the surrounding area. What they discover, what they loved, maybe also what they feared, disliked or don't understand. Art / Craft workshop : "My handmade spoon" With the help of a local craftsman, participants will make their own first wooden spoon-folk by their hand. 	<ul style="list-style-type: none"> Feedback from local village discovering : Like the previous day, participants share with others impressions, pictures and emotions from the museum and village visit. Introduction to recycling : Let's discuss all together about recycling. How it's not just waste but about reducing it too. We'll use practical example like : pen from newspaper or bag for gifts. 	<ul style="list-style-type: none"> How to be a good reporter ? Kai (and Oli if necessary) will share with participants technics and tips to observe and catch pictures and interview from peoples without disturb or change their behavior. Lessons and little funny exercises. Pagan mythology : Because it brightly reflects the relationship and interaction of peoples with nature and animals, we will discuss and compare all together the mythology of different countries. We will focus mainly on stories about mythologic animals, magic plants and that teach us about respect for nature and its 	<ul style="list-style-type: none"> Workshop Ukrainian national amulet as an opportunity to take something away from the countryside, another kind of national craft and a final farewell to the locals Finalizing meeting and reflection meeting, which summarizes 1 part of the project. What new did I discover and learn about countryside, nature and myself? What impressed me most? What will I take with me from there to the city? Farewell and see-you-soon dinner with local hosts. Exchange of impressions and souvenirs goodbye with locals. Filing out the book of comments and suggestions 	<ul style="list-style-type: none"> Arrival to Odessa depart at 11:16. Accommodation in the hotel 	<ul style="list-style-type: none"> Meeting with local city NGO Impact Hub in their friendly open-space : https://impacthub.odessa.ua/en/about/ Impact Hub is a community of like-minded people who are focused on urbanism, eco-friendly and green society. They bring together activists and volunteers and support and make a lot of social, eco, recycling, green, youth and cultural projects. For example, they are engaged in the restoration of urban spaces, theaters, parks. We want to organize 1 or 2 workshops with them. 	<ul style="list-style-type: none"> Recycling workshop #1 : Collecting After a little introduction about what we will make, we're going in the city to collect trash and others things that we will use for our creations. In the same time, we will explain the ecological aspect of some dirt (cigarette, plastic things, tissues, ...). 	<ul style="list-style-type: none"> Workshop Cultural intervention in the urban environment. Through what types of art can you talk to a city with people in it? we will introduce different types of such communication. For example, a flashmob with organized actions, pictures or photos. Participants have the opportunity to try to organize their short flashmob. This is a good method to try communication with local citizen and find a creative solution in communicating an important topic 	<ul style="list-style-type: none"> Finishing reportage : Each learn have now to bring back all the notes and informations they took from villagers and citizens to make a "professional" articles about the topic they choose. Note : The importance to put this workshop only now is to push participants to very well note and keep informations when they meet local peoples in the countryside. Also, it give to them opportunity to take distances with their materials and think deeply about the meaning of it. 	<ul style="list-style-type: none"> FINAL EVENT - preparing final event and presentation, photo exhibition and programme - preparing video report about YE about our life and activities during YE and our trip from countryside to city 	<ul style="list-style-type: none"> My Youth Exchange :what did I learn? project evaluation, the learning outcomes evaluation and, eventually, the project results dissemination 	<ul style="list-style-type: none"> Cleaning / packaging in the morning Free time for relax
12:00		LUNCH on the nature	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
13:30	<ul style="list-style-type: none"> Walking trip to the surrounding forest and mountains : To softly and peacefully introduce our participants to the topic of the Exchange, "Human Nature", we'll spend all our afternoon in the local landscape with a local guide. During this quiet walk, each leaders will give a small activity to familiarize and sensitize them to the nature. How do I feel nature ? Participants have to capture their sensations and views about Nature to share it next with the others. Bird-watching To learn the respect and the impact of our presence in an environment where we still are one of the most dangerous predator, we will try to don't too much noise to observe many variety of birds . Our best friends, the plants : With the help of our local Guide, we will discover medicinal plants and herbs we can use, but also the one we have to be careful with. 	<ul style="list-style-type: none"> Discovery of the countryside and neighbors : To help participants to be comfortable and discovering local life and mood, we'll visiting the local village all together. Like in the Nature, participants are invited to note and keep in mind what they discovered, loved, don't understand, etc to share their impressions in a upcoming meeting. Cultural visit, Museum of folk art : To introduce the next art/craft workshop, we'll visiting the local Museum of folk art like "source of inspiration" but also to get familiar with the local tools, materials, traditions and inspirations. 	<ul style="list-style-type: none"> Let's built a Bug's hostel : All together, we will built one (or two ?) Bug's hostel inside the public place with the help of villagers. We'll also create a durable notice that we'll stay close to the hostel to explain the meaning and the importance of it. 	<ul style="list-style-type: none"> My first reporter step, Part 1 : Divided in 5 teams (or maybe only 4) participants have to choose a singular orientation to explore and talk about relation between people from our area and Nature. Like a reporter team, they're going to meet villagers and making interview of them to built their own article about the topic they choose (food, social relation, economy, architecture, etc). They could use notes, recorder and illustrating photos. The result will be confronted to the same exercise in the city of Odessa to have one "newspaper article" by team. IMPORTANT : Participants have to use their "Travel Book" to note, draw and keep all informations for their final reportage. One Ukrainian participant have to be included in each team for potential translation. 	<ul style="list-style-type: none"> Free time and preparation for living our life to each Odessa. Train departs at 6 pm. Mid-term evaluation, we change the location and go to the big city. It's time to summarize the first part of the project. Discovery Odessa via focus on the nature, humanity and a person change in a city, how a community changes, a person's attitude and influence on nature and animals and on each other. What is the difference between countryside and city? how I feel the city, its positive and negative points REALLY IMPORTANT to keep a natural and logical evolution with what we did and lived in the countryside. Something change, we have to use our new skills and visions .) 	<ul style="list-style-type: none"> LUNCH Participants will be probably very tired after long trip. We can start the activities a bit later, like 14:00 or 15:00. Discovery Odessa via focus on the nature, humanity and a person change in a city, how a community changes, a person's attitude and influence on nature and animals and on each other. What is the difference between countryside and city? how I feel the city, its positive and negative points REALLY IMPORTANT to keep a natural and logical evolution with what we did and lived in the countryside. Something change, we have to use our new skills and visions .) 	<ul style="list-style-type: none"> LUNCH Visit one of the city museums and art-galleries. We will offer participants to choose from the list of city museums, the one that will be more interesting to them (art, natural, historical, folk, modern art, etc.) TASK for reflection meeting: What new did I discover and learn about city? What impressed me most? What will I take with me from there ? 	<ul style="list-style-type: none"> Recycling workshop #2 : Transformation With all materials we collect, we start the creation of art-objects . They have different possibilities, depend to what we can find in the city. It can be a collage, a picture, a sculpture, an installation 	<ul style="list-style-type: none"> My first reporter step, Part 2 : Like for villagers in countryside, each similar team have now to find informations, point of view, and speak from Odessa's habitants. Of course, it have to be related to the topic they already took in the first part. IMPORTANT : Same than for the first part. Acquaintance with the organizer of exhibitions, photo projects from Odessa is Ekaterina Radchenko https://theukrainians.org/katerina-radchenko/ 	<ul style="list-style-type: none"> Funny action in the street of Odessa for sensibilisation to the environment or in the beach. QUEST in the city: find graffiti art in the city, what do they tell? Main idea should come from participants. They decide by himself what and how they want to say this city after discovered it FINAL EVENT - Final event and presentation in the space of NGO Impact Hub. They will note locals. - Photo exhibition about issues of project that compare CITY and COUNTRYSIDE, changes in society and nature, pros and cons, impressions and feelings. - Showing video report about YE about our life and trip from countryside to city 	<ul style="list-style-type: none"> My Youth Exchange :what did I learn? project evaluation, the learning outcomes evaluation and, eventually, the project results dissemination See-you-soon party on the city beach (sunset picnic) 	<ul style="list-style-type: none"> Cleaning ; packaging and travel back to Kiev 		
18:00	Name & Ice-breaking games	Reflection groups	Reflection groups	Reflection groups	Change location : moving to Odessa.	Reflection groups on the beach	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Reflection groups	Free time	My Youth Exchange :what's next ?	
19:00	Welcome dinner	Dinner	Dinner	Dinner	Depart at 18:01 : arrive 11:16.	Dinner on the beach	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:00	Introduction session	Evening program	International Ukrainian evening #1	Games	Partyn party 1	Free Evening	Free Evening	Free Evening				Explicit(s) of Animateur at Mundo N	"See you soon party"	