



## **“Free to Say, Free to Do?”**

### **Youth exchange**

3<sup>rd</sup> September – 13<sup>th</sup> September 2018

Taevaskoja, Estonia

### **Project information**

What is freedom of expression? Does the freedom to express oneself freely mean that we can comment on everything and everyone and act according to our own words? Obviously, this is not always the case, and with every freedom there is also responsibility. Therefore, we are going to implement an international project on freedom of expression in order to discuss what freedom of expression represents in Europe.

Project "Free to Say, Free to Do?" aims are:

- -Understanding what freedom of expression means in the European context;
- analyze materials in social media (videos, commentaries), whether and how they can be treated as freedom of expression
- to develop mutual understanding and tolerance, as we come from different countries and we all have a different background, then we work together to learn from each other and to accept different opinions.
- promoting cooperation between them and, thus, developing teamwork skills.

This exchange of experience will help us to understand what it means to have freedom and how we should deal with that freedom.

In this youth exchange project there will be 36 participants from seven countries (Estonia, Turkey, Italy, Greece, Cyprus, Latvia and Romania). Main target group are youngsters who have recently graduated from high school, university, long-term international experience, long-term job experience etc and who want to discover how to maintain self-motivation.

Project “Free to Say, Free to Do?” is funded from Erasmus+ Estonian National Agency. There is no participation fee, project covers food and accommodation and also travel expenses (see below).

Project is organised by Noorte Ettevõtlikkuse Arendamise Ühing (Youth Entrepreneurship Development Association) which is a non-profit organization established in early 2014, aimed at the youth entrepreneurship development and support of the after school and work activities (including international youth projects).

### **Project Venue**

Project will take place in Taevaskoja village, accommodation will be in Taevaskoja Puhkekeskus (<http://www.taevaskoja.ee/>) and there are rooms for two and three people.



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Taevaskoja is a small village in South-Estonia. There are 2 options how you will get there. You can choose between:

- 1) You can land to Tallinn (the capital of Estonia) and you will get a bus or train from there to Tartu. Busride/train takes around 2 hours. The buses are driving really often, you can check the timetable <http://www.tpilet.ee/soiduplaan/tallinn/tartu> . Trains are driving few times in a day, you can check the timetable <https://pilet.elron.ee/en/Schedule?from=Tallinn&to=Tartu&date=02.11.2017>
- 2) The second chance is to land to Riga (the capital of Latvia) and you will get a bus from there to Tartu. Busride takes around 2–3 hours. You can check the buses timetable <https://www.tpilet.ee/en/timetable/riga-coach-station/tartu> .

After we have received the travel information from all participants we will let you know how you can reach to Taevaskoja from Tartu.

**Note:** Organisers will not provide any accommodation for additional stay in Estonia. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel. Participants can arrive to Estonia 2 days before the project starts and stay in Estonia 2 days after the project ends.

**Our Project will start at 3<sup>rd</sup> evening and will end at 13<sup>th</sup> morning. Please arrive to Tartu before 17:00 on 3<sup>st</sup> of September. Plan your leaving for the 13<sup>th</sup> of September not earlier.**

**About daily program we will inform you when we have the list of your participants.**

## Weather

The weather in November in Estonia can be cold and rainy. You can expect temperatures between -5 to +15 degrees. Take suitable clothes for cold and rain. Also bring suitable clothes for sports and outdoor activities.

## What to Bring?

We kindly ask you to bring:

- Clear information (in English, if possible) about the main activities of your organisation, so that you can present it at the information gallery during the exchange. Please be aware that your presentation will be brief.
- Maps, posters, postcards about your country/region/town to be displayed during the project.
- Some gastronomic specialities (food and/or drinks) for the International Evening. There will be 5 countries and 27 participants.

Also each country's participants team has to organise one workshop – "Freedom of Speech in their country". Workshops should last around 90 minutes and should be organized using non-



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formal education methods (discussions, simulations, games etc). Feel free to contact with the project manager for further assistance. After participants' selection process is finished, we will create a group in Facebook, where we will support participants during preparation phase.

## Reimbursement

Participants' travel costs from their home city to Taevaskoja, Estonia will be reimbursed (find travel costs below). According to the rules of Erasmus+ program, and in order to comply with environmental standards, we kindly ask all participants to take the most environmentally friendly and cost effective alternative available.

**Note:** Reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. This means that once home after the youth exchange, participants will be asked to send the originals of all return documents and boarding passes. Please remember to bring the original invoices – there will be no reimbursement without the original invoices and tickets with indicated names of travellers, description of the journey, indication of cost and currency and date of travel.

**Note:** Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this project will be signed by the NA, as stated in the official European Commission web-site at [ec.europa.eu/budget/inforeuro/index.cfm?Language=en](http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en)

**Note:** Finally, please make copies (or even better, scan or take photographs) of all tickets and invoices and email these to [neaorganisation@gmail.com](mailto:neaorganisation@gmail.com) before attending the youth exchange. This will be very helpful to organisers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.

The following only applies to participants **travelling by plane**:

Please RESERVE the tickets, but DO NOT BUY them before consulting with the organisers.

## Visa arrangements

Estonia is in EU, so EU countries don't need visa to visit Estonia. If you need visa it is covered from project's funding, so if you do need visa let the organisers know and they will gladly help you.

## Participants and travel costs

Turkey: **Kuresel Aktiviteler Dernegi**, 4 participants aged 18–28 + 1 Leader (can be any age). Project will cover maximum 275 EUR of travel expenses.

Romania: **ASOCIATIA HAIR REDIVIVUS BUZAU**, 4 participants aged 18–28 + 1 Leader (can be any age). Project will cover maximum 275 EUR of travel expenses.



Greece: **Greek Odysseuses**, 4 participants aged 18–28 + 1 Leader (can be any age). Project will cover maximum 275 EUR of travel expenses.

Italy: **ASSOCIAZIONE INTERCULTURALE NUR**, 4 participants aged 18–26 + 1 Leader (can be any age). Project will cover maximum 360 EUR of travel expenses.

Cyprus: **YOUTH FOR EXCHANGE AND UNDERSTANDING CYPRUS**, 4 participants aged 18–26 + 1 Leader (can be any age). Project will cover maximum 360 EUR of travel expenses.

Latvia: **Biedriba "Zalais Meridians"**, 4 participants aged 18–26 + 1 Leader (can be any age). Project will cover maximum 180 EUR of travel expenses

Please try to find participants from both genders (male, female). This is important for gender equality. Also try to find few participants with fewer opportunities (unemployed, living rural areas). **Please make sure that participants will understand and are able to speak English as this is our working language and also that they can participate the project 100%** (not arriving later or leaving earlier).

If you have any questions about the project please feel free to contact the project manager.

**PROJECT MANAGER:**

**Anni Tetsmann**

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