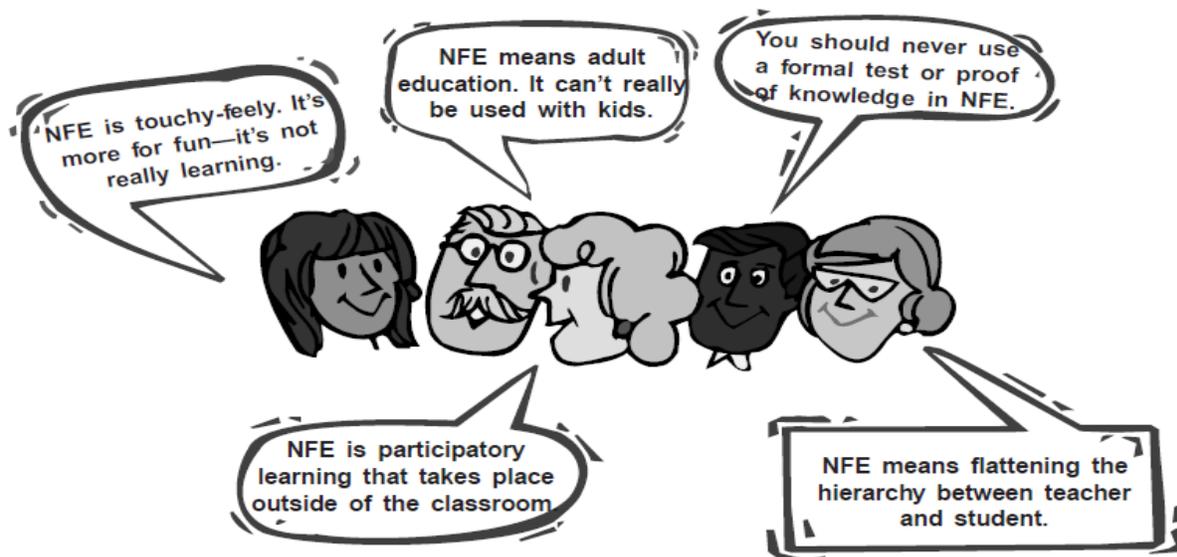


## TC Act Non-Formal, 26 of March to 3<sup>rd</sup> of April 2018, Bremen Germany

### Info Pack for Partners

Dear friends and partners,

We are happy that our cooperation regarding the application for Erasmus Plus Training Course “Act Non-Formal vol.2” went well! We are glad to work together and to have fun at the same time with you! The project will gather 38 youth workers from 8 different countries, what already makes it rich when it comes to intercultural dimension and experiences to be exchanged!



This Info pack goes more in detail of what we are doing together regarding the project. We would like to present you here several important aspects of the project, what we find important for the success of the TC, as, following these aspects, you will have a chance to get to know the project better and to know how to prepare for it!

**So, let's go together through these aspects!**

## *The idea and goals of the project*



**The idea** of this project came during the time of a few training courses and youth exchanges with our partners as we usually use theatre and drama educational methods during these activities with young people as well as with youth workers. Our partners asked us to share with them these methods and where they could learn more about it. Also we used several drama methods in local youth groups, in a local church youth centre, with young people with disabilities in a local theatre group and in local schools where we noticed, that drama methods are really useful to connect young people especially when working in mixed groups with marginalised youth. That's why we created together with drama educators and experienced trainers a timetable that will make participants gain valuable knowledge in order to implement the used tools in their daily youth work especially with the goal to integrate young people with fewer opportunities.

Last year we successfully completed the training course "Act non-formal" as the first edition, which was very fruitful and due to the positive feedback of the participants, we decided to offer this experience once more to more interested youth workers from other countries of Europe.

**The goals** of "Act Non-Formal vol. 2" are to provide new innovative methods to international youth organisations that can be applied on a local level in their daily activities, especially in order to include young people from marginalised groups, refugees, youngsters with minority background, people with disabilities and other groups with fewer opportunities. It is connected with the goals of the Erasmus+, as it provides new innovative methods and skills for youth workers to include marginalised youth into the society and provides opportunities for them to develop skills, Furthermore, it brings young people from different cultures closer together, and it helps young people to express and reflect their opinion, gain self-confidence and take active

part in the society. The methods that the youth workers will learn during this project will help them to work in their local communities to foster cultural diversity, understanding and implementation of common European values, such as tolerance and respect of human rights.

### Activities of the project



#### 1. *Getting to know each other*

It is essential for all the participants to get to know each other but also to get to know each others' working fields, experiences and learning expectations for this TC. The workshop will be with a lot of body contact, opening up personally and sharing experiences, so we need the participants to really well get to know one another. Therefore, the first day of the activity will only about that to create an overall view of our group and how we can share each others' knowledge and experience during this TC.

#### 2. *Basics of drama and creative writing*

The participants will learn how to approach, address, work with disadvantaged groups - minorities, refugees, people with disabilities, young people without self-confidence etc. We will have several workshops that give introductions to basics of drama education that can be used for all target groups of young people, continuing with statues what is non-verbal expression and are useful working with young people that have language barriers and lack of self-confidence.



We will introduce the tool for creating scenes that deal with relevant topics (refugees, migration, etc.) that are useful for the youth workers to make local youth aware of the problem and to help them to express their opinion or discuss them. Creative writing will be very useful as it helps young people to structure their thoughts and feelings about specific topics and to reflect and eventually express them.

### *3. Improv theatre and theatre of the oppressed*

On the third day we will introduce two very different techniques that are applicable for two different target groups: improvised theatre as a tool for the participants useful for young people with disabilities and theatre of the oppressed for target group of marginalised youth. In the afternoon we will have a workshop on teamwork in non-formal education and working in an international team. This is important for the youth workers as most of the times working in pairs is common in non-formal education and a smooth cooperation is essential for a good learning outcome when working with youth.

### *4. Working with texts*

On the 4th day we will introduce the working with texts and sources on a non formal level, which is really useful in order to work with youth to create a critical mind and reflect sources and others opinion. Free time is essential for the participants to rest and to recharge batteries to ensure a sustainable learning outcome.

### *5. Performance and solutions*

The 5th and the 6th day will be the time of performance for the participants of this TC as it is in their hand to create their own workshop ideas, try themselves out and to receive feedback from trainers and other participants. On the last day, participants will speak about challenges in youth work and in integrating marginalised youth where everyone can share their experience and find common solutions. We will have a Q&A round so the participants can ask questions that were left open. Also on the last day we will create future projects on local and international level that include marginalised youth and will use innovative non formal methods. Evaluation in the end of the project is essential to see whether the project goals were reached, to evaluate the learning outcome and to improve future projects with that feedback.

The skills and expertise that the participants learn during these activities will help them to implement a more diverse local and international youth work. Youth workers should be motivated to integrate youth from marginalised groups into local and international activities



and we will give them tools. The youth workers will gain valuable knowledge and new methods of non-formal education!

**How is your organization supposed to be prepared for this project?**



The partner organizations of this project are:

RAUTJARVEN KUNTA (Finland)

CID (Macedonia)

Compass (Hungary)

Youthfully Yours (Slovakia)

YEU (Cyprus)

PROYECTO KIEU (Spain)

NaturKultur e.V. (Germany)

Preili for educated (Latvia)



### 1. *Participants*

Each organisation should send 4 participants to this project! At least one person should be the one coming from marginalized group (refugees, minorities, others with fewer opportunities to travel). Each participant must apply individual via the salto youth application site and will be selected together with the organisers and the partner from each country.

As this is training course, participants should be youth workers, organisation representatives, those who work in field of education etc.

Participants should be 18+. There is no upper age limit for this project.

The most important thing is MOTIVATION. We really want to be a group of highly-motivated people who will give their best to make this project a story to remember and to implement the outcomes of the TC in their local community! Be ready to discuss, to share your experience, express your opinion, try out new things and be ready to get active in your local community!

Participants should be ready to cooperate with our team regarding preparatory activities and activities after the project. This refers, for example, to energizers and preparing of workshops, and, what is very important, to disseminating activities – we expect to receive feedback after the project about what participants did in order to spread/use knowledge and skills they obtained at this TC!

### 2. *Intercultural nights*

They are great chance to show how beautiful is the culture you come from, but also to connect with other people on cultural basis, to break prejudices and become more open to differences!

For the purpose of Intercultural nights, please bring some national food/drinks to present and be ready to sing and dance like people do it in your country. Or you can also make a presentation or tell us a story about culture you come from! As we would also like participants to prepare some authentic food, please let us know what you need for a national dish and we will buy it for you!

### 3. *Accommodation*

We will be accommodated in a group house in Osterholz- Scharmbeck, close to the city of Bremen, Germany. The accommodation will be simple. Participants will be sharing rooms with 2-4 people from same gender but different nationalities. Most of the rooms have private bathrooms, or bathroom will be shared with another room.



#### 4. Food

There will be 3 meals and 2 coffee breaks per day. Breakfast will consist of bread, cheese, ham, salami, musli, milk, coffee and tea. Lunch will be a changing dish every day and when going to the city trip we will make lunch packages. In the evenings each national group should think about a national dish to cook. Please have in mind, as there is not too much time for preparation (approx. 1,5h), that it should be a simple dish. You can write us beforehand which ingredients you need so we will get them for you.

Please let us know if you have any food allergies or special food needs (vegetarian, no pork, etc.)

#### 5. Financial rules

Food and accommodation will be 100% covered by the hosting organization. There is a participation fee of 20€ per person. Travel cost will be covered up to a special amount within the travel limits of the Erasmus+ programme distance calculator.

We applied for a maximum amount of:

Cyprus: 380€/Person

Finland: 275€/Person

Spain: 275€/Person

Macedonia: 275€/Person

Latvia: 275€/Person

Slovakia: 275€/Person

Hungary: 275€/Person

Germany: 180€/Person

The travel costs will be reimbursed after successful participation in the TC and dissemination of project results and will be transferred to the partner organization's bank account or if asked to the participants bank account.

**IMPORTANT!** You must keep all travel receipts, such as boarding passes, train tickets, etc. Without the receipt we cannot reimburse the costs. All receipts must be sent in original by post to the following address:



NaturKultur e.V.

Drosselweg 1a

26215 Wiefelstede

Germany

Before sending the tickets in original, please make a copy of them and send them with a tracking number in case they get lost.

*6. Insurance:*

All participants are **obliged to obtain a health insurance that is valid in Germany**. Some European insurance include this insurance, but you must check it and if necessary buy travel insurance. Check with your insurance company if your health insurance is valid in Germany. If you need to obtain a health insurance, we cover the costs up to 20€/Participant. We **do not** cover insurance for missed flights/flights cancellation or luggage insurance.

*7. What else to bring:*

- Towel
- Insurance card
- Rain jacket
- shoes for inside
- Warm clothes (it can get quite cold in Germany in March)
- Experiences with working with youth (with fewer opportunities) in your local community
- Own project/workshop ideas

**For further questions don't hesitate to contact us!**

**Looking forward to meeting you soon!**

Your NaturKultur e.V. Team

Svenja & Branimir



svnjaoltmanns@naturkultur.eu

branimirsuk@naturkultur.eu

[www.naturkultur.eu](http://www.naturkultur.eu)

<https://www.facebook.com/naturkulturgermany>